

| Hotel / Motel                              | Phone Number | Email / website  | Hours  | Notes   |
|--|--------------|--|--|---|
| Alpine Inn                                 | 250-566-4471 | <a href="http://www.hotelinvalemount.com/">www.hotelinvalemount.com/</a>   | 10:00 am – 11:00 pm, 7 days a week   | 60 rooms.   |
| Best Western Plus Valemount Inn and Suites | 250-566-0086 | <a href="mailto:info@bestwesternvalemount.com">info@bestwesternvalemount.com</a><br><a href="http://bestwesternvalemount.com/">bestwesternvalemount.com/</a>   | 24 hours, 7 days a week  | 77 rooms, Summit Grill open daily from 4:30 am– 9:00 pm. Patio is now open for the season.  |
| Canadas Best Value Inn                     | 250-566-8222 | <a href="mailto:info@cbvialemount.com">info@cbvialemount.com</a> <a href="http://cbvialemount.com/">cbvialemount.com/</a>  | 24 hours, 7 days a week  | 69 rooms, At this time the pool and breakfast areas are closed due to COVID-19.   |
| Chalet Continental                         | 250-566-9787 | <a href="mailto:chaletcontinental@yahoo.ca">chaletcontinental@yahoo.ca</a><br><a href="http://www.chaletcontinental.com/">www.chaletcontinental.com/</a>   | 24 hours, 7 days a week  | 39 units; hot Tub and BBQ Area; A/C; microwave, coffee maker, fridge and WiFi in all rooms; some rooms with private balconies.                                      |
| Comfort Inn                                | 250-566-6850 | <a href="mailto:comfortinnvalemountfdm@gmail.com">comfortinnvalemountfdm@gmail.com</a><br><a href="http://www.choicehotels.com/en-ca/british-columbia/valemount/comfort-inn-hotels?searchRadius=25">www.choicehotels.com/en-ca/british-columbia/valemount/comfort-inn-hotels?searchRadius=25</a>     | 6:00 am – 1:00 am, 7 days a week   | In accordance of BC public health orders, all our amenities are closed and they have only a "grab-and-go" breakfast for our guest.                                  |
| Rocky Inn                                  | 250-566-4477 | <a href="http://www.booking.com/">www.booking.com/</a>   | 8:00 am – 11:00 pm, 7 days a week  |   |
| Super 8 Valemount                          | 250-566-9171 | <a href="http://www.wyndhamhotels.com/super-8/valemount-british-columbia/super-8-valemount/overview?CID=LC:SE::GGL:RIO:National:25016&amp;iata=00093796">www.wyndhamhotels.com/super-8/valemount-british-columbia/super-8-valemount/overview?CID=LC:SE::GGL:RIO:National:25016&amp;iata=00093796</a> | 24 hours, 7 days a week  | Main locking doors at 10:00 pm and you must ring the doorbell to enter. Pets Accepted for a \$20 fee per pet per night. At this time no breakfast is being offered. |
| Valemount Vacation Inn                     | 250-566-4445 | <a href="mailto:reservations@valemountvacationinn.com">reservations@valemountvacationinn.com</a><br><a href="http://www.valemountvacationinn.com/">www.valemountvacationinn.com/</a>   | 7:30 am – 4:30 am, 6 days a week,<br>Tuesday 4:30 am – 11:30 pm              | Under new Management  |
| Yellowhead Motel                           | 250-566-4411 | <a href="http://www.yellowheadmotel.com/">www.yellowheadmotel.com/</a><br><a href="http://www.valemountvacationinn.com/">www.valemountvacationinn.com/</a>   | 8:00 am – 11:00 pm, 7 days a week  | 18 large ground floor units, Motel is Non-Smoking.  |
| Valemount Hotel                            | 250-566-4363 | <a href="http://www.booking.com/">www.booking.com/</a>   | Check in time 3:00 pm, available from 5:00 pm – 10:00 pm to answer questions | Open to long term rentals and tourists. \$58 plus tax small room \$68 plus tax large room.  |

| B & B                              | Email / website  | Phone Number | Open | Closed | Notes  |
|------------------------------------|--|--------------|------|--------|--|
| Bearberry Meadows Guest House      | <a href="mailto:elli@bearberrymeadows.com">elli@bearberrymeadows.com</a><br><a href="http://bearberrymeadows.com/en/">bearberrymeadows.com/en/</a> | 250-566-9987 | ✓    |        | Normally year round, Interested in long term rentals, no food at this time. Hours 7:00 am – 10:00 pm.  |
| Dreamcatcher Inn B&B               | <a href="http://dreamcatcherinn.ca/">dreamcatcherinn.ca/</a>   | 250-566-4226 |      | X      | Cabins fully booked through Sept / Lodge not open 2020.  |
| Rose Cottage B&B                   | <a href="mailto:dmay1930@gmail.com">dmay1930@gmail.com</a> <a href="http://rosecottage.ca/">rosecottage.ca/</a>                                    | 250-566-9869 | ✓    |        | Open with limited number of rooms (maximum 2 rooms - 4 people).  |
| Cougar Mountain Lodge              | <a href="http://www.cougarmountainlodge.net/">www.cougarmountainlodge.net/</a>   | 250-566-9119 | ✓    |        |  |
| Jailhouse B&B                      | <a href="http://www.jailhousebb.com/node/8">www.jailhousebb.com/node/8</a>   | 250-566-0061 | ✓    |        | Open with restrictions.  |
| Mountain Dream B&B                 |  | 250-566-0033 |      |        |  |
| Mountain Gypsy                     | <a href="http://mountaingypsy.business.site">mountaingypsy.business.site</a>   | 780-446-3066 | ✓    |        |  |
| Mount Robson Mountain Lodge        | <a href="http://mrobson.com/mount-robson-area/jasper-national-park/">mrobson.com/mount-robson-area/jasper-national-park/</a>                       | 250-566-9899 | ✓    |        |  |
| Slippery Slopes B&B                |  | 587-597-3499 | ✓    |        | Open to tourists and Pipeline. Long term rental with pipeliners would be contractual. COVID protocols are in place during and in-between stays.                            |
| Solstice B&B                       | <a href="http://www.solsticebb.ca/">www.solsticebb.ca/</a>   | 250-566-4052 | ✓    |        |  |
| Stone Haven Inn                    | <a href="https://www.facebook.com/Stone-Haven-Inn-Valer">www.facebook.com/Stone-Haven-Inn-Valer</a>  | 250-566-1174 | ✓    |        | They are currently open to long term stays and short term stays at this time. No food provided at this time, strict COVID protocols in place. Call anytime, 7 days a week. |
| Summit River Lodge Resort & Cabins | <a href="http://www.summitriverlodge.com/">www.summitriverlodge.com/</a>   | 250-566-9933 | ✓    |        |  |
| Timberwolf Mountain Lodge          | <a href="http://www.bbcanada.com/timberwolfmountainlo">www.bbcanada.com/timberwolfmountainlo</a>   | 250-566-4722 | ✓    |        |  |

| Cabins/ Lodges/Vacation Rentals        | Webpage  | Phone Number   | Open | Closed | Notes   |
|--|--|----------------|------|--------|---|
| Canadian Log Homes                     |  | 780-621-7171   | ✓    |        | Open to tourists and long term stay, <a href="mailto:666georgecook@gmail.com">666georgecook@gmail.com</a> .               |
| Cougar Mountain                        | <a href="http://www.cougarmountainlodge.net/">www.cougarmountainlodge.net/</a>                             | 250-566-9119   |      | ✗      |   |
| Dave Henry Back Country                | <a href="http://www.davehenrylodge.com/">www.davehenrylodge.com/</a>                                       | 250-566-4718   | ✓    |        | Min. 3 people,2-night stay. Hike in only (no helicopters at this time).<br>Availibility before Aug. 17 and after Sept. 2. |
| Heavens Edge Mtn Lodge                 | <a href="http://www.heavens-edge.ca/">www.heavens-edge.ca/</a>   | 250-566-8254   | ✓    |        | Availability.   |
| Hermit Thrush Retreat                  | <a href="http://www.hermitthrushcabin.com/">www.hermitthrushcabin.com/</a>                                 | 250-566-4628   | ✓    |        | Some availability.  |
| Legacy / Whisper Creek Cabin           | <a href="http://whispercreekcabinrental.com/">whispercreekcabinrental.com/</a>                             | 250-566-8483   | ✓    |        | Min 2 night stay, fairly available / Open to pipeine.   |
| Mica Mountain Lodge Cabins             | <a href="http://micamountainlodge.bc.ca/wp/">micamountainlodge.bc.ca/wp/</a>                               | 1-800-440-6422 | ✓    |        | Open for reservation.   |
| Mt Robson Lodge                        | <a href="http://mountrobsonlodge.com/">mountrobsonlodge.com/</a>   | 1-888-566-4821 |      |        | Open TBD.   |
| Mt Robson River Lodge                  | <a href="http://mtrobson.com/">mtrobson.com/</a>   | 250-566-9899   | ✓    |        | 2nd week of July opening - Availability.  |
| Norlander Springs Cabin Rentals        | <a href="http://www.norlandersprings.com/">www.norlandersprings.com/</a>                                   | 250-649-8002   | ✓    |        | Min 3 night stay.   |
| Summit River Lodge and Cabins          | <a href="http://www.summitriverlodge.com/">www.summitriverlodge.com/</a>                                   | 250-566-9933   | ✓    |        | Open to tourists and long term stay as well as pipeline on a monthly basis.   |
| Swift Creek Cabins                     | <a href="http://www.davehenrylodge.com/swift-creek-winter/">www.davehenrylodge.com/swift-creek-winter/</a> | 250-566-4718   |      |        | Min. 3 people,2-night stay. Hike in only (no helicopters at this time).<br>Availibility before Aug. 17 and after Sept. 2. |
| Swift Creek Resort and Lodge           | <a href="http://www.swiftcreekresort.com/">www.swiftcreekresort.com/</a>                                   | 250-566-1366   | ✓    |        | Tourist and Pipeline availability.  |
| Teepe Meadows                          | <a href="http://teepeemeadows.com/">teepeemeadows.com/</a>   | 250-566-1555   | ✓    |        | Big cabin available   |
| Terracana Resort                       | <a href="http://www.terracana.com/">www.terracana.com/</a>   | 1-866-968-4304 | ✓    |        | Reservation only.   |
| Tete Juane Lodge                       | <a href="http://www.tetejaunelodge.com/cabins">www.tetejaunelodge.com/cabins</a>                           | 1-866-566-9815 |      | ✗      | Closed for 2020.  |
| Twin Peaks Resort                      | <a href="http://www.twinpeaksresort.ca/">www.twinpeaksresort.ca/</a>                                       | 250-566-9160   | ✓    |        | Open to Pipeline / 3 cabins open to other guests.   |
| Whisper Creek Cabin Rental & Log Homes | <a href="http://whispercreekcabinrental.com/">whispercreekcabinrental.com/</a>                             | 250-566-8483   | ✓    |        | 8:00 am – 7:00 pm, 7 days a week.   |
| Willow Burl Cabins                     | <a href="http://www.willowburlcabins.ca/home/index.php">www.willowburlcabins.ca/home/index.php</a>         | 250-566-4898   |      |        | Nothing available for Summer 2020.  |
| Willow Ranch Cabins                    | <a href="http://www.willowranchvalemount.com/">www.willowranchvalemount.com/</a>                           | 250-566-4100   |      | ✗      |   |



| Vacation Rental               | Website  | Phone Number   | Open | Closed | Notes  |
|-------------------------------|--|----------------|------|--------|--|
| Backroad Basecamp             |  |                |      | X      | Currently shut down until further notice.<br>Potentially looking at long term but not sure at the moment.      |
| Canadian Log Home Guest House |  | 780-621-7171   | ✓    |        | Open to tourists and long term stay,<br><a href="mailto:666georgecook@gmail.com">666georgecook@gmail.com</a> . |
| Glacier Peaks Vacation Rental |  | 250-566-3004   | ✓    |        | Booked till further notice   |
| Legacy Vacation Rental        | <a href="http://whispercreekcabinrental.com/">whispercreekcabinrental.com/</a>               | 250-566-8483   | ✓    |        |  |
| Summit River Lodge            | <a href="http://www.summitriverlodge.com/">www.summitriverlodge.com/</a>                     | 250-566-9933   | ✓    |        |  |
| Summit River Lodge Cabins     | <a href="http://www.summitriverlodge.com/">www.summitriverlodge.com/</a>                     | 250-566-9933   | ✓    |        | Open to tourists and long term rentals   |
| Swift Mountain Lodge          | <a href="http://swiftmountainlodge.bookingturbo.com">swiftmountainlodge.bookingturbo.com</a> | 250-764-6228   | ✓    |        |  |
| Terrecana Resort              | <a href="http://www.terracana.com/">www.terracana.com/</a>                                   | 1-866-968-4304 | ✓    |        | Reservation Only   |
| Twin Peaks Resort             | <a href="http://www.twinpeaksresort.ca/">www.twinpeaksresort.ca/</a>                         | 250-566-9160   | ✓    |        | Open to Pipeline / 3 cabins open to other guests.  |
| Whisper Creek Cabin Rental    | <a href="http://whispercreekcabinrental.com/">whispercreekcabinrental.com/</a>               | 250-566-8483   | ✓    |        | Min 2 night stay.  |
| Skyline Vacation Rental       | <a href="http://www.skylinehouse.ca/">www.skylinehouse.ca/</a>                               | 250-566-1649   | ✓    |        | Booked till December 2022 - no availability.   |

| Campground                        | Webpage  | Phone Number   | Closed | Open | Tenting Available | Bathroom / Shower Fac | Notes   |
|-----------------------------------|--|----------------|--------|------|-------------------|-----------------------|---|
| Canoe River Campground            | <a href="http://www.canoerivercampground.com/">http://www.canoerivercampground.com/</a>  | 250-566-9112   |        | ✓    | Limited           | ✓                     | Porta potties available, 2 persons per bathroom fac.  |
| iRVins Rv Park                    | <a href="http://irvinsrvpark.com/">irvinsrvpark.com/</a>   | 250-566-4781   |        | ✓    | ✗                 | ✗                     | Laundry services available upon request, Additional Info: Propane available at iRVin's Park and Campground, 360 Loseth Road. Cylinder filling or metered filling of RVs or vehicles. 20 lb. cylinder- \$20.00 plus GST 30 lb. cylinder- \$29.52 plus GST Auto Fill or Bulk- \$0.99/liter & GST, Hours 9:00 am to 8:00 pm, everyday. |
| Kinbasket Lake                    | <a href="http://ridevalemount.com/atv-areas/kinbasket-lake-ca">ridevalemount.com/atv-areas/kinbasket-lake-ca</a>   | 250-566-1762   |        | ✓    | ✓                 | ✗                     | Outhouses.  |
| <b>Mt Robson Provincial Park:</b> |  |                |        |      |                   |                       |   |
| Robson Meadows                    | <a href="http://bcparks.ca/explore/parkpgs/mt_robson/robmead.html">bcparks.ca/explore/parkpgs/mt_robson/robmead.html</a>   | 1-800-689-9025 |        | ✓    | ✓                 | ✓                     |   |
| Robson River                      | <a href="http://www.campingrvbc.com/sites/bc/mount-robson-provincial-park-robson-river-campground-tete-jaune-cache/">www.campingrvbc.com/sites/bc/mount-robson-provincial-park-robson-river-campground-tete-jaune-cache/</a> | 1-800-689-9025 |        | ✓    | ✓                 | ✓                     | Shower facilities and outhouse only.  |
| Lucerne                           | <a href="http://bcparks.ca/explore/parkpgs/mt_robson/lucerne.html">bcparks.ca/explore/parkpgs/mt_robson/lucerne.html</a>   | 1-800-689-9025 |        | ✓    | ✓                 | ✓                     | Outhouses only.   |
| Robson Shadows Campground         |  | 1-888-566-4821 | ✗      |      |                   |                       | Opening TBD.  |
| Summit River Lodge                | <a href="http://www.summitriverlodge.com/">www.summitriverlodge.com/</a>   | 250-566-9933   |        | ✓    | ✓                 | ✓                     | Sani Dump and Water available and WIFI, showers open.   |
| Swift Creek Resort                | <a href="http://www.swiftcreekresort.com/">www.swiftcreekresort.com/</a>   | 250-566-1366   |        | ✓    | ✓                 | ✗                     | Outhouse facilities only.   |
| Terracana Resort                  | <a href="http://www.terracana.com/">www.terracana.com/</a>   | 1-866-968-4304 |        | ✓    | ✗                 |                       | Reservation only.   |
| Tete Juane Lodge Campground       |  | 250-566-9815   | ✗      |      |                   |                       | Closed for 2020.  |
| Valemount Pines RV Park           | <a href="http://www.valemountpinesgolfrv.ca/">www.valemountpinesgolfrv.ca/</a>   | 250-566-4550   |        | ✓    | ✗                 | ✗                     | Only trailers, no tent trailers. Laundry facilities are open.   |
| Yellowhead Campground             | <a href="http://www.yellowheadcampground.com/">www.yellowheadcampground.com/</a>   | 250-566-0078   |        | ✓    | Limited           | ✓                     | Availability.   |

| Restaurant                           | Webpage  | Phone Number   | Hours  | Closed | Open   | Dine-In | Take-Out | Notes   |
|--------------------------------------|--|----------------|--|--------|--------|---------|----------|---|
| A & W                                |  | 250-566-4104   | 7:00 am–10:30 pm-7 days a week   |        | ✓      |         | ✓        | Open for drive through.   |
| Arirang Restaurant                   |  | 250-566-4477   |  |        |        |         |          |   |
| Café Mt Robson                       | <a href="http://cafemtrobson.com/">cafemtrobson.com/</a>   | 250-566-4332   | 8:00 am–5:00 pm Monday, Thursday to Sunday   |        | ✓      | ✓       | ✓        | Serves breakfast and lunch  |
| Caribou Grill                        | <a href="http://www.caribougrill.com/">www.caribougrill.com/</a>   | 250-566-8244   | 4:30 pm–10:00 pm, 7 days a week  |        | 30-Jul | ✓       | ✓        | Social distancing and fewer tables - soft opening.  |
| Cranberry Lounge                     |  | 1-866-777-1120 |  | X      |        |         |          | TBD.  |
| Dduk Bae Kie                         |  | 250-566-1780   | 2:00 pm–8:00 pm, Monday-Saturday   |        |        |         | ✓        | Opening August 14   |
| Diamond H Donairs                    | <a href="http://diamondhdonairs.blogspot.com/">diamondhdonairs.blogspot.com/</a>   | 250-566-4453   | 11:00 am–7:00 pm, Wednesday–Saturday   |        | ✓      | ✓       | ✓        | No delivery at this time.   |
| Funky Goat Eatery                    |  | 250-566-3125   |  | X      |        |         |          | Closed for Season.  |
| The Gathering Tree                   | <a href="http://www.facebook.com/The-Gathering-Tree-Eatery-G">www.facebook.com/The-Gathering-Tree-Eatery-G</a>   | 250-566-0154   | 8:00 am–9:00 pm, Monday to Sunday  |        | ✓      | ✓       | ✓        | New hours, breakfast, lunch and super   |
| Glacier Fire Pizzeria                | <a href="http://glacierfirepizzeria.ca/">glacierfirepizzeria.ca/</a>   | 250-566-9090   | 4:00 pm–8:00 pm, Mon-Sat<br>Monday, Thursday, Friday & Saturday open for lunch at 12:00 pm |        | ✓      | ✓       | ✓        | Limited seating during lunch - COVID Practices in place   |
| Lucky House Restaurant               | <a href="http://luckyhouserestauranttogo.com/">luckyhouserestauranttogo.com/</a>   | 250-566-2345   | 11:00 am–9:00 pm, 7 days a week  |        | ✓      | ✓       | ✓        | Delivery available.   |
| McLennan Truck Stop                  | <a href="http://mclennancartruckstop.com/">mclennancartruckstop.com/</a>   | 250-566-9199   | 6:00 am–9:00 pm, 7 days a week   |        | ✓      | ✓       | ✓        |   |
| Moose Neighbourhood Pub              | <a href="http://www.themoosepubvalemount.com/">www.themoosepubvalemount.com/</a>   | 250-566-2337   | Open at 4:00 pm, Tuesday–Sunday  |        | ✓      | ✓       | ✓        | Closed Mondays.   |
| Riverside Café                       |  | 250-566-9805   |  | X      |        |         |          | Closed for Season.  |
| Rocky Mtn Pizza                      | <a href="http://valemount.business.site/">valemount.business.site/</a>   | 250-566-9961   | 6:00 am–10:00 pm, 7 days a week  |        | ✓      |         | ✓        | Delivery and will only accept cash upon delivery.   |
| Scooters Pizza                       | <a href="http://www.scooterspizzavalemount.com/">www.scooterspizzavalemount.com/</a>   | 250-566-0181   | 4:00 pm–9:00 pm, Wednesday to Sunday<br>(closed Mondays and Tuesdays)                      |        | ✓      |         | ✓        | Delivery Available.   |
| Subway Valemount                     | <a href="http://restaurants.subway.com/canada/bc/valemount/8">restaurants.subway.com/canada/bc/valemount/8</a>   | 250-566-4050   | 11:00 am–10:00 pm, 7 days a week   |        | ✓      |         | ✓        |   |
| Summit Grill                         | <a href="http://bestwesternvalemount.com/restaurant-lounge/">bestwesternvalemount.com/restaurant-lounge/</a>   | 1-866-777-1120 | Dinner is 4:30 pm–9:00 pm, 7 days a week   |        | ✓      | ✓       | ✓        | Catering services available, Breakfast is grab and go bags for guests only. Patio is now open for the season. Secure parking, daily rates include takeaway breakfast. |
| Swiss Bakery                         | <a href="http://www.valemountswissbakery.com/">www.valemountswissbakery.com/</a>   | 250-566-4035   | CLOSED   | X      |        |         |          | Closed - re-open October 1 possibly   |
| Three Ranges Brewing                 | <a href="http://www.threeranges.com/">www.threeranges.com/</a>   | 250-566-0024   | 3:00 pm–8:00 pm, Weds, Thurs, Fri, Sat, Sunday<br>1:00 pm - 6:00 pm                        |        | ✓      | ✓       | ✓        | No food served, new extended patio.   |
| Tims Hortons                         | <a href="http://www.timhortons.ca/">www.timhortons.ca/</a>   | 250-566-4116   | 6:00 am–10:00 pm, 7 days a week  |        | ✓      |         | ✓        |   |
| Vacation Inn Lounge                  | <a href="http://www.valemountvacationinn.com/dine-lounge">www.valemountvacationinn.com/dine-lounge</a>   | 250-566-0072   |  | X      |        |         |          | Re-opening soon   |
| Valemount Vacation Inn Dine & Lounge | <a href="mailto:reservations@valemountvacationinn.com">reservations@valemountvacationinn.com</a><br><a href="http://www.valemountvacationinn.com/">www.valemountvacationinn.com/</a> | 250-566-4445   | Breakfast: 7:30 am – 11:30am<br>Dinner: 4:30 pm – 9:00 pm Closed Tuesdays                  |        | ✓      | ✓       | ✓        | Breakfast and Dinner available, closed Tuesdays   |
| Valemount Heights Pizza              |  | 250-566-4056   |  |        | ✓      |         | ✓        | Located in ESSO gas station.  |
| Valemount Legion Branch 266          | <a href="http://www.legion.ca/">www.legion.ca/</a>   | 250-566-4343   | 3:00 pm–8:00 pm-ish  |        | ✓      | ✓       |          | FRIDAY Only.  |

| Activity Name   | Webpage  | Phone Number       | Email  | Hours  | Closed  | Notes  |
|---|--|--------------------|--|--|---------|--|
| Alpine Country Rentals & Tours                          | <a href="http://www.alpinecountryrentals.com/about.php">www.alpinecountryrentals.com/about.php</a>                             | 250-566-9774       | <a href="mailto:bookings@alpinecountryrentals.com">bookings@alpinecountryrentals.com</a> | 9:00 am–6:00 pm, Mon – Fri, 8:00 am–5:00 pm, Saturday  | Sundays | Open for rentals only (no tours at this time).   |
| Bike and Bites  | <a href="http://bikes-bites-bicycle-store.business.site/">bikes-bites-bicycle-store.business.site/</a>                         | 250-566-5169       | <a href="mailto:bikebites1030@gmail.com">bikebites1030@gmail.com</a>                     | 9:00 am–5:00 pm, Mon – Sat   | Sundays | Bike rentals, repairs, parts & treats (Bike shops are an essential service).   |
| Cowgirl Up Adventures                                   | <a href="http://www.cowgirlupadventures.com/">www.cowgirlupadventures.com/</a>   | 250-566-5099       | <a href="mailto:info@cowgirlupadventures.com">info@cowgirlupadventures.com</a>           | 8:00 am–7:00 pm, 7 days a week   |         | 1 hour, 2 hour, Day ride, beginner riding lessons, and first time horse experiences.   |
| Falling Star Ranch Academy of Foundational Horsemanship | <a href="http://fallingstarranch.ca/">fallingstarranch.ca/</a>   | 250-968-6801       | <a href="mailto:info@fallingstarranch.ca">info@fallingstarranch.ca</a>                   | 9:00 am–5:00 pm, Mon –Sat  | Sundays | Individual lessons as well as semi-private lessons. We also offer video lessons.   |
| Mount Robson White Water Rafting                        | <a href="http://mountrobsonwhitewater.com/">mountrobsonwhitewater.com/</a>   | 250-566-4879       | <a href="mailto:info@mountrobsonwhitewater.com">info@mountrobsonwhitewater.com</a>       | Friday, Saturday, Sunday & Monday  |         | 250-566-1532 - cell - Booking only   |
| Peak Shuttles   | <a href="http://www.peakshuttles.com/">www.peakshuttles.com/</a>   | 250-566-3315       | <a href="mailto:Info@peakshuttles.com">Info@peakshuttles.com</a>                         | 10:00 am–6:00 pm, Friday to Sunday and Holiday Mondays. Monday through Thursday, by private booking only |         | Passenger Transportation Service - MTB Shuttle, Crew Transport, Event Transport.   |
| Stellar Descents  | <a href="http://www.stellardescents.com/">www.stellardescents.com/</a>   | 250-566-0040       | <a href="mailto:stellardescents@gmail.com">stellardescents@gmail.com</a>                 | No set hours - Mon – Sun   |         | They are open for group bookings primarily. Will certainly accept smaller groups but each tour/trip will be on a case by case basis. This means they don't have a set schedule at this time. |
| Valemount and Area Museum                               | <a href="http://www.valemountmuseum.ca/">www.valemountmuseum.ca/</a>   | 250-566-4177       | <a href="mailto:info@valemountmuseum.ca">info@valemountmuseum.ca</a>                     | 10:00 am–5:00 pm, Tues –Sat  |         |  |
| Valemount Pines   | <a href="http://www.valemountpinesgolfrv.ca/">www.valemountpinesgolfrv.ca/</a>   | 250-566-4550       | <a href="mailto:valemountpines@gmail.com">valemountpines@gmail.com</a>                   | 9:00 am–8:00 pm (Mon to Fri), 8:00 am–8:00 pm (Sat and Sun)  |         | 9-hole, par 72 course. Bring your own clubs (no rentals at this time) cart rentals available, no driving range at this time and very limited food menu.                                      |
| Willow Ranch  | <a href="http://www.willowranchvalemount.com/">www.willowranchvalemount.com/</a>   | 250-566-4100       | <a href="mailto:info@willowranchvalemount.com">info@willowranchvalemount.com</a>         | 10:00 am– 5:00 pm (reservation only)   | X       | Closed for season, opening 2021.   |
| Yellowhead Helicopters / Heli Magic                     | <a href="http://www.yhl.ca/robson-helimagic-heli-tours-valemount-bc/">www.yhl.ca/robson-helimagic-heli-tours-valemount-bc/</a> | Matt: 250-566-1440 | <a href="mailto:matt.morison@yhl.ca">matt.morison@yhl.ca</a>                             |  | X       | Essential Services Only.   |





| Contact Name  | Phone Number  | Email  | Webpage  | Hours   | Notes   |
|---|---|--|--|---|---|
| A Cut Above   | Call 250-566-9178<br>Text 250-566-1840  | <a href="mailto:sherrytinsley@yahoo.ca">sherrytinsley@yahoo.ca</a>   | <a href="http://lovenorthernbc.com/community/valemount/business/a-cut-above-by-sherry/">lovenorthernbc.com/community/valemount/business/a-cut-above-by-sherry/</a>                 | 9:30 am – 5:00 pm, Mon to Fri, evenings are by appointment only   | Single entry with social distancing in place or items can be ready for pick-up  |
| Alpine Country/NAPA Auto Parts                                | 250-566-9774  | <a href="mailto:bookings@alpinecountryrentals.com">bookings@alpinecountryrentals.com</a>   | <a href="http://www.alpinecountryrentals.com/">www.alpinecountryrentals.com/</a>   | Monday to Friday 8:00 am–6:00 pm, Saturday 8:00 am–5:00 pm (Sunday closed)  | NAPA Auto Parts Supplier – Automotive Parts & Repairs, Oil changes, Tire changes, Welding, Small Engine Parts & Repairs. Small Engine Dealer, Parts & Repairs – STIHL, Husqvarna & Jonsered. Construction – Equipment Rentals, Contractor Services, Excavating, Skidsteer Services. Helmets, Accessories, Boots & Clothing. Doing Rentals no tours.                                   |
| BC Liquor Store   |   |  |  | Monday–Thurs, 10:30 am–6:00 pm, Friday 10:30 am–7:00 pm, Saturday 10:30 am–6:00 pm, Closed Sunday                 | Closed for lunch 1:00 pm–2:00 pm  |
| Canoe Valley Recreation Centre                                | 250-566-4740  |  | <a href="http://www.rdfg.bc.ca/services/community/community-facilities/canoe-valley-rec-centre">www.rdfg.bc.ca/services/community/community-facilities/canoe-valley-rec-centre</a> | Monday through Thursday 7:00 am–3:00 pm   | Operating our facility, including the Exercise Room, on an appointment basis with reduced hours, CLOSED Friday to Sunday and Stat Holidays, REDUCED FACILITY CAPACITY- MAXIMUM OF 3 PEOPLE IN THE EXERCISE ROOM AND 6 PEOPLE ON THE ARENA FLOOR.  |
| Coleen’s Rainbow of Fabrics                                   | 250-566-4835  | <a href="mailto:coleenlavoie@hotmail.ca">coleenlavoie@hotmail.ca</a>   | <a href="http://lovenorthernbc.com/community/valemount/business/coleens-rainbow-of-fabrics/">lovenorthernbc.com/community/valemount/business/coleens-rainbow-of-fabrics/</a>       | 10:00 am–4:00 pm, Monday to Friday  | Curbside pickup or mail-order only. I have quilting cotton, Flannel and yarn. A few sewing machine needles and Thread.  |
| Emerald Earth Organics  | 250-726-4068  | <a href="mailto:hello@emalrdearthorganicspa.com">hello@emalrdearthorganicspa.com</a>   | <a href="http://www.emalrdearthorganicspa.com/">www.emalrdearthorganicspa.com/</a>   | Massage & Spa Service Hours of Operation: Tuesday, Friday, Saturday 12:00 pm–8:00 pm                              | Located at Best Western Pluss Inn and Suites, Website is always open and available.   |
| Infinity Office and Health                                    | 250-566-4225  | <a href="mailto:inoff@telus.net">inoff@telus.net</a>   | <a href="http://infinityofficeandhealth.com/">infinityofficeandhealth.com/</a>   | Monday–Friday, 9:00 am–5:30 pm and Saturdays 10:00 am-4:00 pm   | You can call the store 250-566-4225 with your order and I will deliver to your doorstep during this time of crisis.   |
| iRVins RV (Propane)   | 250-566-4781  | <a href="mailto:irvins@telus.net">irvins@telus.net</a>   | <a href="http://irvinsrvpark.com/">irvinsrvpark.com/</a>   | Hours 9:00 am – 8:00 pm, everyday   | Propane available at iRVin’s Park and Campground, 360 Loeth Road. Cylinder filling or metered filling of RVs or vehicles. 20 lb. cylinder- \$20.00 plus GST 30 lb. cylinder- \$29.52 plus GST. Auto Fill or Bulk- \$0.99/liter & GST.   |
| Monashee Towing   | 250-566-4318  |  |  | On call 24 hours a day, 7 days a week - Towing service. Shop Hours - 9:00 am – 8:00 pm, closed statutory holidays | BCAA Authorized Road Service. 24-hr Towing and Recovery. Vehicle inspections, ICBC Towing, Mechanical Services, Batteries, Oil, Tires, Heavy Truck Tires, Tire Repair, Propane and parts are available for RVs and trailers. Payment options, cash, debit and credit.   |
| Moose Liquor Store  | 250-566-2337  | <a href="mailto:moosepub2018@gmail.com">moosepub2018@gmail.com</a>   | <a href="http://www.themoosepubvalemount.com/">www.themoosepubvalemount.com/</a>   | 9:30 am–11:00 pm, 7 days a week   |   |
| Petro Canada  | 250-566-4151  | <a href="mailto:stensonholding@gmail.com">stensonholding@gmail.com</a>   | <a href="http://www.petro-canada.ca/en/personal/gas-station-locations/1495-5-avenue-valemount">www.petro-canada.ca/en/personal/gas-station-locations/1495-5-avenue-valemount</a>   | Currently 24 hours  | Currently renovating - Gas Station. Access to store on North side of parking lot.   |
| Robson Valley Business Services                               | 250-569-7941<br>250-569-7942  | <a href="http://rvbs.ca">rvbs.ca</a>   | <a href="http://rvbs.ca/">rvbs.ca/</a>   | 10:00 am–4:00 pm, weekdays  | Bookkeeping, Personal Income Tax, and IT Services.  |
| Royal LePage Aspire Realty                                    | <b>Sherri Malone:</b> 250-566-1022<br><b>Tanya Russell:</b> 250-566-3700<br><b>Tammy Vandenberg:</b> 250-566-1025 | <a href="mailto:sherrimalone@royallepage.ca">sherrimalone@royallepage.ca</a><br><a href="mailto:tanyarussell@royallepage.ca">tanyarussell@royallepage.ca</a><br><a href="mailto:tammyvan@royallepage.ca">tammyvan@royallepage.ca</a>   | <a href="http://www.royallepageaspirerealty.com/find-a-realtor/">www.royallepageaspirerealty.com/find-a-realtor/</a>   | Flexible business hours   | Showing houses virtually and listing houses from our home offices.  |
| Rustic Luxury   | Office: 250-566-4005<br>Cell: 250-566-1323  | <a href="mailto:rusticluxury@telus.net">rusticluxury@telus.net</a>   | <a href="http://www.rusticluxury.com/">www.rusticluxury.com/</a>   | Flexible business hours   | Valemount property Management (rental).   |
| SEWHOT Embroidery and Heat Transfers                          | 250-612-2820  | <a href="mailto:wendy@sewhot.ca">wendy@sewhot.ca</a>   | <a href="https://www.facebook.com/Sewhot-Embroidery-Heat-Transfers-326081770742311/">www.facebook.com/Sewhot-Embroidery-Heat-Transfers-326081770742311/</a>                        | Call for appointment  | Open for business but only for order via phone or email/messenger.  |
| The Goat Newspaper  | Office: 250-566-4606<br>Cell: 250-566-5135  | <a href="mailto:goatnewspaper@gmail.com">goatnewspaper@gmail.com</a>   | <a href="http://www.therockymountaingoat.com/">www.therockymountaingoat.com/</a>   | Monday 10:00 am – 5:00 pm, Wednesday 10:00 am–1:00 pm, Friday 10:00 am–3:00 pm                                    | The Rocky Mountain Goat is operating on reduced office hours for the time being, but we are reachable by email outside of office hours.   |
| Tarmigan Towing   | 250-566-4305  |  |  | On call 24 hours a day, 7 days a week   | Automotive towing, on call 24 hours a day, 7 days a week. Autowreckers/scrap yard. Payment options - credit.  |
| Travis Auto   | 250-566-8403  | <a href="mailto:traviswied@gmail.com">traviswied@gmail.com</a>   | <a href="https://www.facebook.com/pages/Travis-Automobile-Svc/797012653769231">www.facebook.com/pages/Travis-Automobile-Svc/797012653769231</a>                                    | 8:00 am–5:00 pm (for after hours please call), Monday to Saturday   | Automotive repairs, commercial inspections, out of province inspections, diesel repair, tire repair, sled parts, oil, and OEM products.   |
| Unique Boutique   | 250-566-0009  |  | <a href="http://uniqueboutiquesalonspa.business.site/?utm_source=gmb&amp;utm_medium=referral">uniqueboutiquesalonspa.business.site/?utm_source=gmb&amp;utm_medium=referral</a>     | 11:00 am – 4:00 pm, Wednesday to Sunday   | Beauty Products.  |
| Underwriters Insurance Brokers and Peter Reimer Notary Public | 250-566-4464<br>250-318-8808  | <a href="mailto:angela@underwriters.bc.ca">angela@underwriters.bc.ca</a><br><a href="mailto:darlene@underwriters.bc.ca">darlene@underwriters.bc.ca</a><br><a href="mailto:sandra@underwriters.bc.ca">sandra@underwriters.bc.ca</a><br><a href="mailto:notaryva@telus.net">notaryva@telus.net</a> | <a href="http://underwriterspenticton.com/">underwriterspenticton.com/</a>   | 9:00 am – 4:30 pm, Monday to Friday<br><br>Hours (Notary): Monday to Saturday, 9:00 am–5:00 pm                    | ICBC insurance, driver service centre (talk to office staff), commercial and personal insurance, call for appointment.<br><br>Info (Notary): He can provide all manner of non-contentious legal services to the public, including (but not limited to) residential real estate transactions, preparing wills, powers of attorney, health care directives, and statutory declarations. |
| Valemount Home Hardware                                       | 250-566-4256  | <a href="mailto:hhvalmt@telus.net">hhvalmt@telus.net</a>   | <a href="http://www.homehardware.ca/">www.homehardware.ca/</a>   | 8:30 am–5:00 pm, Monday to Friday, Saturday 9:00 am–5:30 pm (closed Sunday)                                       | Other than medical related supplies they are having no trouble as of yet in keeping stock and deliveries running.   |
| Valemount Hotel Liquor Store                                  | 250-566-4515  |  |  | 10:00 am–11:00 pm (regular hours-7 days a week)   |   |
| Valemount Recycling & Car Wash                                | 250-566-9111  |  | <a href="http://valemountrecycling.wordpress.com/">valemountrecycling.wordpress.com/</a>   | 8:00 am–9:00 pm, 7 days a week  | Bottle recycling at this time. Electronics can still be recycled in the bins outback.   |
| Valemount IDA   | 250-566-4331  |  | <a href="http://www.valemountidapharmacy.com/">www.valemountidapharmacy.com/</a>   | 9:00 am–5:30 pm, Monday to Saturday   | Closed Sunday, delivers prescriptions to seniors and anyone in self isolation - Info: For online delivery go to <a href="https://www.igastoresbc.com/">https://www.igastoresbc.com/</a> click on "Shop Online" then follow the directions. To get delivery you have to put delivery and your address in the comments section as delivery is not recognized in our area.               |
| Valemount Post Office   | 250-566-4545  |  | <a href="http://www.canadapost.ca/cpc/en/home.page">www.canadapost.ca/cpc/en/home.page</a>   | 10:00 am–4:00 pm Weekdays and 8:30 am-12:30 pm Saturdays  | Canada Post asks we dedicated the first hour to seniors and those more so at risk.  |
| Yellowhead Helicopters  | Matt: 250-566-1440  | <a href="mailto:matt.morison@yhl.ca">matt.morison@yhl.ca</a>   | <a href="http://www.yhl.ca/robson-helimgic-heli-tours-valemount-bc/">www.yhl.ca/robson-helimgic-heli-tours-valemount-bc/</a>   | Case by case basis  | Essential flights only.   |





Tourism  
**VALEMOUNT**  
*Let the mountains move you*

| Medical Service                 | Phone Number |
|---------------------------------|--------------|
| Dunster Veterinarian - Dr Vogel | 250-968-4477 |
| Jasper Hospital                 | 780-852-4465 |
| Jasper Veterinarian             | 780-852-5551 |
| McBride Hospital                | 250-569-2251 |
| Poison Control                  | 604-682-5050 |
| Valement Health Service         | 250-566-9138 |
| Valemount Fire                  | 250-566-9800 |
| Valemount IDA                   | 250-566-4501 |
| Valemount RCMP                  | 250-566-4466 |
| Valemount Veterinarian          | 250-566-4194 |