

WELCOME TO VALEMOUNT

Surrounded by majestic mountains this friendly, vibrant village welcomes you to experience all our seasons! Valemount is situated in a corridor leading to seemingly unlimited outdoor recreation and cultural experiences. Explore the diverse trail networks, natural gems, and quiet serene locations where you can relax and soak in the peacefulness of the scenery. For those who enjoy the adrenaline rush of white-water rafting, sledding and downhill biking, you will find many reasons to keep coming back. Prefer the gentler activities like hiking, paddling, and fishing? We have that too. If you like browsing through museums, galleries, shopping at local markets and boutiques, meeting artisans, hearing musicians, and going to live theatrical performances, Valemount has it all for you to enjoy.

Looking to book a wedding, or a reunion? Maybe a conference or event? This community has diverse accommodations and amenities with incredibly resourceful people ready to assist you with your special occasion planning.

Visit Valemount, explore our seasons, our culture and our wild side. Experience for yourself why Valemount is in the middle of everywhere, and is your staging area to adventure.





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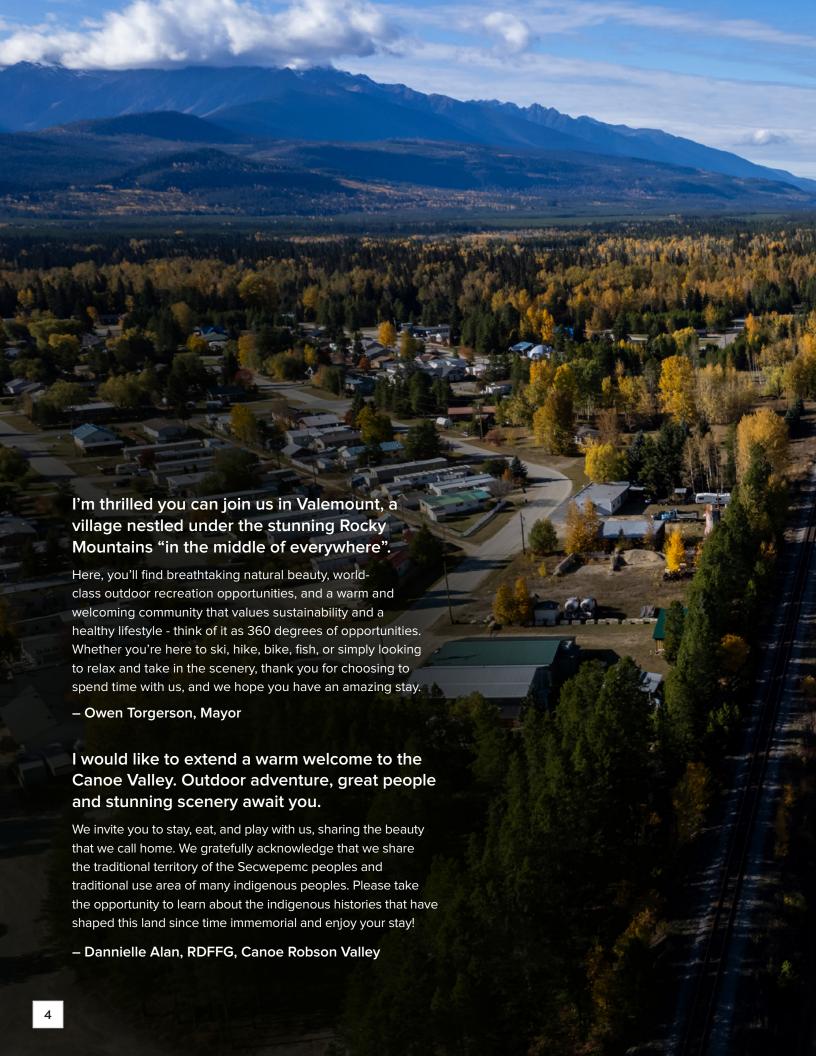
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We respectfully acknowledge that Tourism Valemount is located on the unceded, traditional lands of the Simpcw First Nation, and that the lands on which we live, work and recreate on is part of the unceded territory of the Secwépemc and Lheidli T'enneh.









How to Get Here

Take the scenic route! Coming from the east, follow Hwy 16 along the majestic Rocky Mountains to Hwy 5 with views of the Monashee and Caribou Ranges. Discover old growth cedar forests and new saplings. Be sure to visit the iconic Mount Robson and take a stroll along the Berg Lake Trail. Gaze upon the roaring waters at Rearguard Falls; the journeys end for the Chinook salmon that spawn in late August.

From the north follow Hwy 16 taking time to stop at the Ancient Forest to connect with nature. Explore Tete Jaune Cache near the junctions of Hwy 16 east and Hwy 5 and see the brilliant blue/green hues of the Fraser River. Book a white water rafting trip and see the land from an exhilarating vantage point.

From the south, follow Hwy 5 north and travel from sagebrush and rolling hills through the luscious valley that follows the Thompson River. Take in the 360 degree views from the heart of three majestic mountain ranges: the Monashees, the Caribous, and the Rockies.













Valemount Schedule of Events

Join in on the fun and action at one of our lively annual events! If live music is your jam, enjoy performances from our many local musicians, or take on a weekend full of culture at a local festival. Looking to shop local? Browse the Valemount Farmers' Market on Thursday evenings from June-September for handmade creations, locally grown produce, and tasty bites.

Check out the events at the Valemount Bike Park that take place twice a year at www.ridevalemount.com. There is always something to see and do in Valemount, BC!

JANUARY

Happy New Year!

FEBRUARY

Winter Fest– Family Day weekend Snowmobile Racing– Rocky Mountain Speedway Family Day weekend

MARCH & APRIL

Check for event updates at www.visitvalemount.ca

MAY

Chinook Send Off– George Hicks Regional Park (date changes check for updates)

Rocky Mountain Speedway Races— May to September

JUNE

Valemountain Days– Second weekend of June

Spring Bike Fest– see www.ridevalemount.com for dates!

Valemount Farmer's Market— Thursdays 4pm to 7pm June to September

JULY

Alpenglow 100– ultramarathon a peak to peak race offering 35km, 60km, 100km, and kids races. Canada Day Celebrations Canada Parks Day– third Saturday of July at Mount Robson

AUGUST

North West Mud Racing—First weekend of August

Chinook Salmon Viewing— mid August to mid September. George Hicks Regional Park, and Rearguard Falls

Terry Fox Trek– fundraising event - second weekend of August

SEPTEMBER

Valemount Marina Fishing Derby– September long weekend

vALEfest— Craft Beer Experience and musical festival

Mt Robson Marathon— full, half 12K or 5K along the Berg lake trail, First Saturday of September

OCTOBER

Halloween– Fireworks by Valemount Fire Department

NOVEMBER

Craft Markets

Remembrance Day– Valemount Legion, Main Street

DECEMBER

Light up & Late Night Shopping Ice Skating Exhibition Curling Bonspiel

LIVE MUSIC VENUES

Valemount Legion
Valemount Community Theatre

Check out
www.visitvalemount.ca
for updated information on
the events, and activities
occurring annually.





Top 10 Spring/Summer/Fall

- 1 BIKE PARK— Experience world-class biking in Valemount's scenic and exhilarating bike park. Bike rentals and shuttles available.
- 2 TAKE A HIKE— Pick up a map at the Valemount Visitor Centre and explore some trails! Discover waterfalls, panoramic views, and lush, green forests.
- 3 SALMON SPAWNING VIEWING— Catch the rare sight of Chinook salmon migrating back to the Robson Valley to spawn.
- 4 BIRDWATCHING/WILDLIFE VIEWING— Visit the Cranberry Marsh (R.W. Starratt Wildlife Sanctuary) for the opportunity to see several different species of birds, amphibians, and perhaps catch a glimpse of a muskrat.
- WHITEWATER RAFTING/GENTLE FLOAT— The teal coloured waters of the Fraser River are the perfect place to enjoy a scenic gentle float, or for the more adventurous types, to experience whitewater rafting.
- 6 MOUNT ROBSON Visit Mt Robson Provincial Park, home to the tallest peak in the Canadian Rocky Mountains. Accessible year-round with limited amenities outside of summer.
- **GOLF** Catch a round of golf at one of the most scenic mountain courses, rentals are available.
- **VALEMOUNT EVENTS** For a truly "Valemount" experience, partake in the family-friendly local events that happen year round!
- 9 ART & CULTURE— Tour the town while admiring Valemount's Art Walk, visit the local art gallery, or travel back in time at the Valemount Museum, and War Heroes Museum.
- 10 CULINARY SCENE— Hit the town and enjoy the various locally owned establishments for a tantalizing culinary experience.

For updates on events: www.visitvalemount.ca – Content provided by Wildly_Ruby





Spring

Day 1:

With the warmer days of spring, comes the annual glacial melt. Visit any of the nearby waterfalls to see them in their most glorious, roaring state.

Day 2:

The RW Starratt Wildlife Area (also known as Cranberry Marsh) has a 6km loop trail that will give you ample opportunities to see the various birds and wildlife of the area. Two viewing towers (not accessible friendly) take you high above the marsh for an all-encompassing view. Take in the sights along the boardwalk section of the trail overlooking the water.

Day 3:

Embrace your inner wrangler and book a guided horseback ride. 1 hour, 2 hour, and multi day options available.

Day 4:

The cross-country mountain bike network on Swift Mountain tends to get the early spring sun, and as a result, is one of the first areas to melt to be free of snow. Get a good start to your bike fitness by pedaling one of the bike trails.

Day 5:

After all of that hard work, take care of yourself with a massage & facial. Locally created skin-care products are available for purchase, so you can be reminded of the mountains year-round.



Summer

Day 1:

Get your java on at the local coffee roaster, or one of the locally owned cafés. Take a break from the summer heat by driving down to enjoy the expansive views and beautiful waters of Kinbasket Lake. BC recreation sites available; first come first served. Looking to cool off? Enjoy a quick float on Little Cranberry Lake in Cedarside Park.

Day 2:

Bring the whole family to the Valemount Bike Park, a local treasure, for some gravity assisted laps, or a cross-country loop. Bike rentals available in town. Keep the adrenaline pumping with a white-water raft trip down the beautiful Fraser River or if calm is more your style, book a gentle scenic float.

Day 3:

Take the day off to meander the town. Visit the local museum, art gallery, and tantalize your taste buds at the many locally owned/operated restaurants.

Day 4:

Choose from one of Valemount's many different hikes, including the famous Berg Lake Trail in Mount Robson Park, the tallest mountain in the Canadian Rockies; or Terry Fox Mountain, equipped with its own monument. Alternatively, hike-in or book a heli-drop to one of the Valley's many beautiful backcountry cabins.

Day 5:

Spend a day exploring the back roads around the valley (4WD permitting) and try your hand at berry picking. Wild berries can be found all over the valley in the summer months, if you ask a local where to look. On Thursday evenings, shop local at the Valemount Farmers Market located just outside of the Visitor Centre. On Friday nights, enjoy live music and dinner at the Valemount Legion.



MEMBER OF

A PROJECT

OF







Kinbasket Lake



Located just minutes from the community of Valemount

> HOW TO GET THERE – From Valemount, proceed south on Yellowhead Highway 5 for 3km, then turn east onto Cedarside Road towards Kinbasket Lake. Continue onto Canoe East Forest Service Road/Canoe River Forest Rd for 21km and then turn right onto the 400m site access road to the Canoe Reach Marina. Caution: may be industrial traffic.

VISITORS TAKE NOTE – Kinbasket is actually a large hydroelectric reservoir that was created from the building of the Mica Dam. It extends from Valemount to the Golden area, and water levels can dramatically rise and fall from season to season. The waters greatly recede during the winter and then rise in the late spring reaching its highest levels in late summer.

Designated campgrounds are found at Yellowjacket (18Km), Griffin Sawmill (19.5km), Horse Creek (20.5km), and The Canoe Reach Marina (21km). Check out the camping section of the guide for more details on these beautiful recreation camping sites.





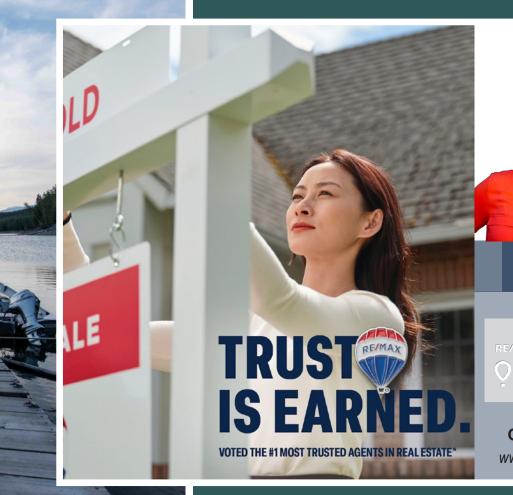
Enjoy boating from approximately mid-June to later into the autumn months. This timing may fluctuate from year to year based on water levels. Relax and unwind on the lake. Cast your cares away as you also cast a line.

Check out the Canoe Reach Marina – Valemount Marina Association

Access descends to the Marina at 21.2 km. Headlights are encouraged at all times during road travel and if available, tune VHF radio to RR Channel 1 (150.080 MHz). While on the water, most boaters monitor VHF Marine 16 (156.800 MHz).

A beautiful setting to launch your vessel for a day of exploring the beauty of the Monashee Mountains and tranquil lake setting. Paddle along the shore line in a kayak or canoe. Rent a stand-up paddle board and venture out onto the water. Take in the incredible views of the snow-capped mountains, flora and fauna, and maybe catch a glimpse of wildlife as they come down to the shore for a refreshing drink or dip. Watch eagles as they soar overhead looking for a fish to catch.

GO FISHING – With many streams, lakes, and rivers in and around Valemount, BC, there are many opportunities to cast a line and try your luck at landing a bull trout, rocky mountain white fish, rainbow trout, burbot or kokanee. Know before you go and check out www.gofishbc.com for current rules and regulations to preplan your fishing adventure. Fishing Licenses are available online or come into the Valemount Visitor Centre to purchase one.



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RE/MAX CORE Realty







Check me out on Facebook:

www.facebook.com/robsonvalleylistings

River Rafting Tours

Are you seeking a tranquil and soothing river float, or the heart pounding, wild, rushing white water rafting adventure of a lifetime? You can find your dream rafting vacation package here! Take in the sounds and sights of the majestic Fraser River. Valemount is close to where the river forms, and it is a brilliant turquoise colour and so clear. In late summer enjoy spotting the Chinook salmon as they return to spawn. Stunning views of the Canadian Rockies await you. Let the mountains and river move you!

Mount Robson White Water Rafting

> HOW TO GET THERE: Mount Robson White Water Rafting is located at 16895 Farnsworth Road just east of the junction of Hwy 16 and Hwy 5 heading towards Mount Robson.

250-566-4879 | 1-888-566-7238 | www.mountrobsonwhitewater.com

Stellar Descents White Water Rafting

> HOW TO GET THERE:

Stellar Descents is located just west of the junction of Hwy 16 and Hwy 5, 20 minutes North of Valemount. Next door to the Tete Jaune Lodge in, Tete Jaune, BC.

250-566-0040 | www.stellardescents.ca











Rearguard Falls

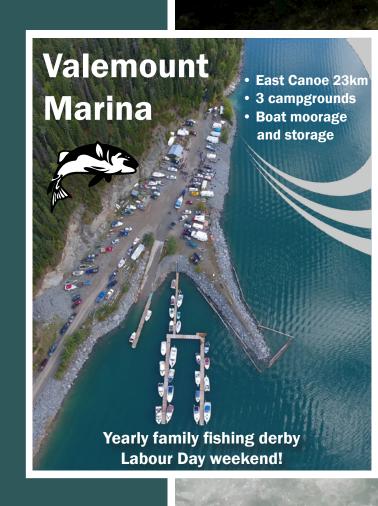


AMENITIES – pit toilets, accessible

HOW TO GET THERE – Located on Highway 16 towards Mount Robson and the Alberta Border. Approximately 18 minutes from Valemount BC.

This provincial park features beautiful waterfalls that are formed as the mighty Fraser River flows over the ledge to the bottom. The river flows east emerging into the Rocky Mountain Trench near the community of Tete Jaune Cache where it continues on meandering through most of British Columbia towards the Pacific Ocean. After spending a few years in the ocean, the Chinook salmon follow this path upstream to the waters where they were hatched to begin the life cycle.

Rearguard Falls can be seen by taking a short hike along a path with flights of stairs that have metal handrails, down to a viewing deck. In autumn, (August to September) you may see returning Chinook salmon trying to leap over the falls to reach the gravel above to lay their eggs in. For the salmon that manage to make it to the base of the falls, this big leap will mark the end of their long 1300 km journey.







George Hicks Regional Park



AMENITIES – pit toilets, picnic tables, wheel chair accessible

> HOW TO GET THERE – Located just down from the Visitor Centre off of Hwy 5, this regional park has interpretive signage, an accessible bridge and a platform with vantage points for viewing the Chinook salmon run. The Chinook are the largest and strongest of the Pacific salmon species. They swim over 1,300 km up the Fraser River to return to Swift Creek to spawn from August to September. They can range in size from 6 kg (14 pounds) to 25 kg (55 pounds). Here, you can see the females dig nests, referred to as redds, in the creek bed to lay their eggs. The males, once chosen, fertilize them.

Due to increased natural disasters and low water levels, numbers of returning Chinook have dwindled down over the years. Through the good work of the Simpcw Nation Fishery and partners such as the Spruce City Wildlife Association, a release of up to 20,000 Chinook fry is done annually in May or early June at Swift Creek. This event is open to the public and participants are given an opportunity to name and release a salmon into the creek.

When near creeks and rivers, it is vital to the salmon population that one observes respectfully and safely from a distance.

- Stay out of the creeks and rivers.
- Do not interfere with the fish or cause them to swim away from their nest. They have come a long way and as they no longer are eating at this point, they need their energy to be able to complete their life cycle of laying and fertilizing their eggs.
- Keep children out of the water.
- Please do not throw rocks or other items at the fish.
- Pack in pack out when out exploring the trails, and back country.
 Let's all work together to keep the water channels clean and safe for future generations.
- Share the story of the salmon.
- Learn more by visiting the interpretive signs at the park, and the information centre which is open year round. Check the events calendar at www.visitvalemount.ca for upcoming salmon talks.

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Discover intriguing tales of life lived in the valley, and see the displays that reveal the ingenuity of families who once called this area home. View artifacts from early settlers and beautiful hand-crafted items from those who were here since time immemorial. Hear the spoken language of the Simpcw people, and learn about their culture and teachings. Follow the rails back in time to the days of the Swift Creek Train Station, which now houses the Valemount Museum.

Valemount Museum

> LOCATION - 1090 Main Street, behind the Valemount Public Library

Open May to September. Travel back in time through the stories, images, and writings of the elders and pioneers of the region. This building, which was once the original Swift Creek Station, was built in 1914 and was relocated in 1927 to the side of the railway tracks on what is now Main Street. There, it served as the

Valemount Station until 1981, when it was purchased for \$1 by the Valemount Historic Society and moved to it's current location. Visitors to the museum can also find information about the Japanese internment camps that were in the area during World War 2.

Spend some time in the kitchen and basement to learn about lifestyles of the people who were here many years ago.

Explore the Railroad Room, which has a model train. Be sure to check out the restored caboose outside, and the forest service look out tower. While visiting the museum, ask about the *Historic Hikes Geocache guide*, compiled by the Valemount Historic Society.









War Heroes Museum

> LOCATION - Royal Canadian Legion Branch #266, Main Street

Open Sunday mornings 8:30 am to 10:00 am, and on Remembrance Day, November 11th

On the 21st of November 1950, tragedy struck when a troop train carrying members of the 2nd Regiment Royal Canadian Horse Artillery bound for Fort Lewis, Washington, collided head on with the eastbound "Continental," the Vancouver to Montreal passenger train. The engines and leading coaches of both trains derailed and the forward cars of the troop train were thrown over an embankment and destroyed. There were no passenger casualties on the Continental; however, there was a heavy toll to the ranks of the troop train. 17 members of the 2RCHA and the 4 CN crew members from the two trains perished in the wreck.

View the monument given in dedication to the community members who bravely came to the aid of those who were injured in the train accident, that is on display on the grounds of the Legion and War Heroes Museum. The War Heroes Museum is home to a collection of pictures, uniforms, medals, and stories from members of the Legion and their families. Discover displays recording some of the history of the Boer War, the first and second World Wars, the Korean War and from recent Peace Keepers missions.

Geocaching & Historical Hikes

Come to Valemount for a fun and informative geocaching adventure! Pick up a copy of the geocaching guide at the Valemount Museum, and enjoy a unique and historical geocaching series that will have you exploring new trails, seeking new caches around the region, and learning more about local history. Geocaching is a fun, family activity and the geocaching app from www.geocaching.com can be downloaded for free onto your mobile device. On this app, discover these historic caches, plus any others that local hiders have created for your enjoyment! Geocache your way around the community and discover tales of local pioneers, settlers, and heroes.



Cedarside Regional Park



AMENITIES – pit house, trails, picnic tables. Garbage/recycling, washrooms

> HOW TO GET THERE – From Valemount, travel south on Hwy 5 for 3km. Turn left at the sign on the left hand side, and follow the road to the parking lot.

Cranberry Lake is the heart of this lovely little park. Folks come to enjoy a swim, relax on the sandy beach, or paddle around the lake. Tadpoles can be seen in the early summer months, and waterfowl come to nest in the reeds of the shoreline. Relax and unwind at this tucked away nook while taking in the view of McKirdy Mountain. Listen to the sounds of nature in the early morning, or catch a view of the setting sun in the evening.

In the winter, the park offers trails to ski or snowshoe. Facilities include a large parking area, toilets, picnic tables, fire pits, and easy access to a large sandy beach. Leave no trace, and be sure to pack in and pack out.







Cranberry Marsh THE STARRATT WILDLIFE SANCTUARY

A ~ 4

- > HOW TO GET THERE From the Valemount Visitor Centre travel south for 1.9 km to the Best Western. The parking lot for the marsh is in front of the hotel parallel to Hwy 5. You will see a sign marking the trailhead.
- > BOARDWALK From the Valemount Visitor Centre travel down 5th Avenue for approximately 1.5 km to Ash Street and turn right. Follow this street for approximately 1.5 km to where the road ends at a small parking area. The boardwalk trail is to the left of the parking area.

Located on the south end of the community, this gem is tucked in off the highway. Surrounded by Lodgepole pine, Douglas fir, Trembling aspen, Black spruce, Engelmann spruce, and Jack pine, the marsh welcomes many varieties of birds and waterfowl throughout the year. Take a 6km stroll around the marsh following a trail of mostly flat terrain. Two viewing towers give panoramic views of the marsh and of our three mountain ranges: the Cariboos, the Monashees, and the Rockies. This is also a great place to view wildlife such as bears, moose, deers, muskrats, beavers and a variety of other smaller mammals.

TO THE CANOE AND KAYAK LAUNCH & THIRD TRAILHEAD

There is another trailhead off of McKirdy Road. This one is known as the "boat launch" and has a launch area for those who would like to explore by kayak, canoe, or paddleboard. Do keep your distance from nesting birds!

Jackman Flats Provincial Park



AMENITIES – pit house, trails, picnic tables, garbage/recycling cans

> HOW TO GET THERE – From Valemount, travel north on Hwy 5 for 13 km. Turn left into the parking area where you will find a sign displaying the various trail options and picnic tables.

A special thanks to local volunteers and to BC Parks, as marked trails provide wonderful hiking excursions around the park. A great place to see wildlife, and enjoy a unique landscape. The trails are composed of sand and have gentle hills with great views. Dogs are welcome, but must be on leash at all times. In the winter months, bring your cross-country skis and enjoy the unique, rolling terrain.

- The lichens found here are fragile. Stay on designated trails. Leave no trace and pack in and pack out.
- Be sure to check out the interpretive signs for more information on this unique park.

Remember, to collect or damage any natural object in a provincial park is illegal. Tread lightly and enjoy one of BC Parks' most unique landscapes.

Mount Robson



Also known as Yexyexéscen, or striped rock by the Secwépemc people.

AMENITIES – welcoming centre, restaurant, gift shop, WIFI, Trail Rider accessible trails (**bcmos.org/trailrider**)

Activities within the park include camping, hiking, biking, fishing, swimming, caving, canoeing, climbing, and wildlife viewing. See https://bcparks.ca/mount-robson-park/ for more details on locations for these activities within the park.

Mount Robson Provincial Park has been welcoming visitors since 1913, and is the second oldest BC Provincial Park.

> HOW TO GET THERE – Located just under 30 minutes from Valemount, along the Yellowhead Highway 5, Mount Robson is on the must-see visitor checklist. Being the most prominent, and highest peak in the Canadian Rocky Mountains, this much-loved Canadian icon is a proud member of the United Nations Education, Scientific, and Cultural Organization (UNESCO).

The Welcome Centre at Mount Robson is open from May to October and is located at the west end of the park. Here, you can register for camping at one of the front country campgrounds, or for backcountry sites along the world-famous Berg Lake Trail.

This park is home to a variety of wild creatures, and a wide range of vegetation. There are many opportunities for viewing animals from a safe distance, and capturing inspiring imagery at this scenic park. Be on the lookout for mountain goats climbing up on the high cliffs, bears feasting on wild berries, moose grazing in the wetlands, and smaller woodland creatures scampering among the tall cedars.

*Do not approach wildlife.

Plan your adventure to the park. Be prepared for changes in weather, and be aware of wildlife in the area.







Valemount Description Tele - Pharmacy

250-566-4594 1-877-566-4594 1214 5th Ave. Valemount, BC

GIFTWARE, TOYS, GARDEN, FISHING & CAMPING

OPEN

Monday - Saturday 9:00am - 5:30pm

Closed on Sundays

- Vitamins
- First Aid
- Skincare
- Cosmetics
- Groceries
- Clothing

...and so much more!



CAMPING SITES AT MOUNT ROBSON

Lucerne Campground
May to September
Reservable front country sites: 15
Vehicle-accessible sites: 36
Walk-in sites: 2

Robson Meadows Campground Open May to September Reservable front country sites: 60 Vehicle-accessible sites: 125 Robson River Campground
Open May to September
Reservable front country sites: 38
Vehicle-accessible sites: 40
RV-accessible sites: 38
Pull-through sites: 2
Sites with electrical hook-ups: 22

Other Mount Robson backcountry camping (Mount Fitzwilliam and Moose River Trail) Wilderness camping year round

For more information: visit https://bcparks.ca/mount-robson-park



ATV Excursions

Enjoy incredible scenic views on our ATV trails. Discover beautiful waterfalls, panoramic views, meadows of wildflowers, and mountain peaks. Be safe, responsible, and help protect this beautiful environment by staying on existing roads and trails.

KNOW BEFORE YOU GO!

Plan your ATV adventure! Go to www.ridevalemount.com for links to Google Earth files, GPS downloads, and detailed information regarding sustainable ATV riding in the Valemount area. For more information on renting an ATV, contact Alpine Country Rentals at 250-566-9774 or visit www.alpinecountryrentals.com.

Highlight! Check out the summit of Canoe Mountain. This peak in the Monashee mountain range is over 8,000 ft /2,400m! This is a sustainable ride via an old road system that gets you to amazing heights and even more spectacular views.

Horseback Riding

Yeehaw! Unleash your inner wrangler during a day of horseback riding! Take a riding lesson to improve your riding skills and comfort level, or book a trail ride and enjoy picturesque views, crisp mountain air, and hear the soothing sounds of nature as you ride. So saddle up and join the ride by booking your horse-riding experience.

Cowgirl Up Adventures

For more information on trail rides, pack trips, riding lessons, and wall tent camping call Cowgirl Up Adventures at 250-566-5099 or visit www.cowgirlupadventures.com

Willow Ranch Sanctuary

For more information on horse riding lessons, contact Willow Ranch at 250-566-3215 or visit www.willowranchsanctuary.com









1 & 2 HOUR AND DAY RIDES • OVERNIGHT PACK TRIPS AVAILABLE

(250) 566-5099 • info@cowgirlupadventures.com www.cowgirlupadventures.com

Golfing

Valemount Pines Golf Course & RV Park

> LOCATION – 1110 N Highway 5, Valemount BC | 250-566-2500 | valemountpinesgolfrv.ca Open May to October 8 AM To 6 PM - 7 Days A Week

Swing your cares away on this 9-hole course surrounded by majestic mountain ranges. The Valemount Pines Golf Course is family-oriented and offers exceptional golf, friendly service, and reasonable prices. Course features beautiful views, sparkling sand, and forested areas. This is an enjoyable course for beginners, offers a challenge to golfers with low handicaps, and is complete with a driving range to practice your swing. Want to stay and play awhile? Book a night in the onsite RV park. The clubhouse has a full retail golf shop offering clothing, shoes, golf balls, and other accessories. After a round or two enjoy a meal and beverage on the patio as the clubhouse offers a full menu and bar.

Helicopter Tours

Yellowhead Helicopters – Robson Helimagic

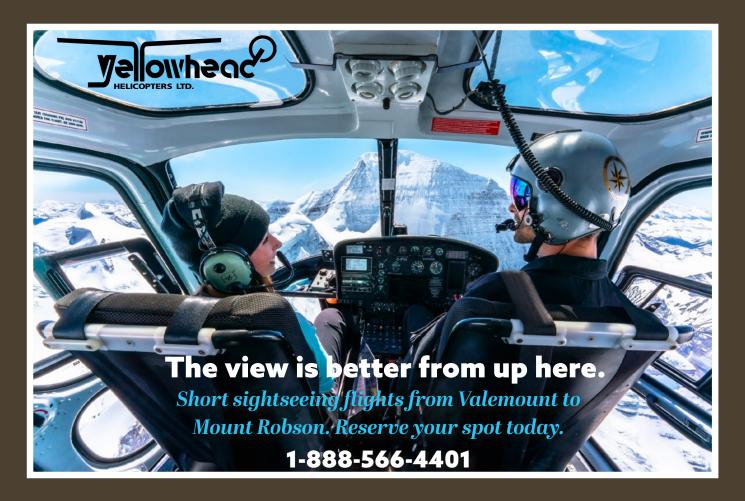
1-888-566-4401 | www.robsonhelimagic.com

Book a once in a lifetime flight to see our valley from the sky. With tours such as Majestic Mt. Robson, Premier Glacier, and Valley Buzz, you will see spectacular sights as you soar high above the alpine, glacier fed lakes, and snowcapped mountain peaks. For the adventurous type, book a Berg Lake Drop Off and hike down the world famous Berg Lake Trail.

CMH Summer Adventures

1-800-661-0252 | www.cmhheli.com/destinations/valemount

From dramatic glaciers, to route-finding across open terrain framed by wildflowers, the experience of helihiking at CMH is defined by wonder, education, and awe around every corner.





Top Ten Beginner Hikes

For more information on these and other trails go to **www.valemounttrails.com**. Hiking maps are available at the Valemount Visitor Centre located at 785-A Cranberry Lake Road

We welcome dogs on all trails in the area, but we ask that they please remain on a leash

JACKMAN FLATS

Distance/Elevation: Multiple interlocking trails, 1.5 km - 6 km loops. Undulating terrain with minimal elevation gain.

Best Parts: stunning views of Premier Range and Mica Mountain on clear days.

Trail Description: A relaxing environment comprising sand dunes, a flowy well-defined trail, and fragile lichen ecosystems.

Trailhead Coordinates: 52.931196°, -119.372379°

CRANBERRY MARSH

Distance/Elevation: 6 km loop. Mostly flat.

Best Parts: wildlife watching, mountain views, raised viewing platforms

Trail Description: This trail skirts around Cranberry Marsh: a wildlife sanctuary and important wetland. A boardwalk has been built on the north side.

Trailhead Coordinates: Ash Street Cul-de-Sac: 52.819133°, -119.258308°, Parking Lot near the Best Western: 52.815450°, -119.270077°, Boat Launch: 52.820472°, -119.241927°

SWIFT CREEK LOOKOUT

Distance/Elevation: 3.6 km return, elevation approx. 37 m.

Best Parts: 180 degree views from the top of the hill, views of Canoe Mountain, the Premier Range, and the village.

Trail Description: Trail follows Swift Creek before ascending steeply to a viewpoint.

Trailhead Coordinates: 52.838632°, -119.267895°

GEORGE HICKS TRAIL

Distance/Elevation: 600 m, mostly flat

Best Parts: The wildlife viewing can be great!

Trail Description: This trail follows along Swift Creek and brings you through George Hicks Regional Park. The park has a platform to view the spawning Chinook salmon that travel from the Pacific Ocean, up the Fraser River to Swift Creek from mid August to early September each year.

Trailhead Coordinates: 52°50'00.8"N 119°16'53.1"W

HAWAII. BC

Distance/Elevation: 1.2 km return distance, 100m elevation to the main ridge viewpoint

Best Parts: world-class waterfalls, lush forest, views of glaciers, and waterfall mist

Trail Description: The route ascends through a slide area, meandering through thickets of slide alder, before emerging onto a rocky look-out with views of glacier-fed waterfalls and Kinbasket Lake. On the trail, watch out for stinging nettles, wet sections, slippery rocks & dropoffs near the base of the falls. Make sure you stay bear aware and respect the wildlife in the area.

Note: West Canoe Forest Service Road is an active logging road. Proceed with caution. High clearance vehicles recommended. Please park in the pull out across from the trail and do not obstruct the road.

ZEN GARDEN

Distance/Elevation: Zen Garden is a 0.3 km trail that zig-zags between two other access trails on the northside of 5-Mile Road. Access is possible via the Truck Yeah bike trail and an old road that's now used as a connector. Follow the signs for Zen Garden once you reach the Old Truck at the trail junction.

Best Parts: The trail is comprised of a series of boardwalks that criss-cross a lovely mountain stream that descends the slope in a series of small, crystal-clear pools.

Trail Description: Also a mountain bike trail, Zen Garden is a tribute to the marvel of flowing mountain streams and Japanese gardens.

Trailhead Coordinates: Begin at the entrance to Truck Yeah along 5-Mile Road.





LITTLE LOST LAKE

Distance/Elevation: 3.4 km return to the lake, 4.5 km return for the lake loop (120-160 m elevation gain)

Best Parts: Tranquil mountain lake, mature forest, picnic table, and outhouse at the lake.

Trail Description: The lake is beautiful, with mountain views in the distance. Watch for leaping fish, frogs, ducks and geese.

Trailhead Coordinates: 52.978960°, -119.397232° After passing the weigh scales, park at the pull off on the right hand side of the highway. The trailhead can be found on the left side of the highway, so make sure to be careful when crossing.

KINNEY LAKE

Distance/Elevation: picnic area: 4.5 km, shelter: 7 km, 131 m elevation

Best Parts: On clear days, spectacular views of Mt. Robson, the Robson River, and of course, Kinney Lake.

Trail Description: Wide, hard-packed trail that follows the Robson River. Bikes are okay on the trail until the shelter.

Trailhead Coordinates: 53.050849°, -119.214408°

REARGUARD FALLS

Distance/Elevation: 700 m return, elevation 30 m

Best Parts: From the viewing platform, you can stand at the top of a massive waterfall on the upper Fraser River!

Trail Description: Hard packed, wide trail, occasional soggy spots, a few steeper sections. Viewing platform has an accessible ramp.

Trailhead Coordinates: Parking Lot for Shorter Trail: 53.031226°, -119.208004°, Parking Lot for Hargreaves Trail: 53.028177°, -119.230594°. Access from Hwy 16 east of Tete Jaune Cache - watch for signage.

OVERLANDER FALLS

Distance/Elevation: 600 m, 5 km

Best Parts: Views of the Fraser River canyon &

Overlander falls; historic sites.

Trail Description: A gentle hike with two different routes to the falls. The longer trail follows the Fraser River and gives way to several beautiful views of the canyon below.

Trailhead Coordinates: (1st parking) 53.031226°, -119.208004°; (2nd parking) 53.028177°, -119.230594°

- Content provided by Laura Keli



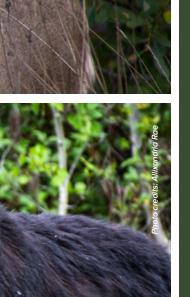
British Columbia is known for its diverse wildlife, and you can often spot different types of animals while driving on highways, when out on the trails, and exploring the backcountry.

- 1 MOOSE— These large, majestic animals are found in many areas of British Columbia, and they are often seen near water sources such as rivers and lakes.
- 2 BLACK BEARS— Black bears are common throughout the province, and they can often be seen foraging for food along the side of the road.
- 3 GRIZZLY BEARS— These large bears are less common than black bears, but they can be found in the mountain ranges and have been spotted along forest service roads and local trails.
- 4 DEER Both mule deer and white-tailed deer can be found in British Columbia, and they are often seen grazing along the side of the road.
- 5 COYOTES— These adaptable animals are found throughout the region, often seen hunting in fields and meadows.
- **6 WOLVES** While less common than coyotes, wolves can also be seen in some areas around the community.
- **BIG HORNED SHEEP** These sure-footed animals are found in the mountains of the region, and they can sometimes be seen on steep slopes near the highway.
- FOX— Although they can be shy and have a more nocturnal nature, foxes can be seen during the day along roadsides and on some trails.
- **CARIBOU** The mountain caribou are protected species in British Columbia. When out adventuring in the back country, please follow the guidelines and keep out of closed areas. If you see caribou while exploring these areas, keep a minimum distance of at least one kilometer away. Do not approach, chase, or bother them. For more information on closed area boundaries, go to: https://www2.gov.bc.ca/gov/content/sports-culture/recreation/motor-vehicle-prohibitions/snowmobiling-in-bc/snowmobile-closures.









Here are some tips for staying safe while enjoying the natural beauty of British Columbia:

BE AWARE OF YOUR SURROUNDINGS: When hiking or camping, be aware of your surroundings and keep an eye out for wildlife. Make noise as you move through the wilderness to alert animals to your presence.

CARRY BEAR SPRAY: Bear spray is a non-lethal deterrent that can be used to stop an aggressive bear from attacking.

STORE FOOD PROPERLY: When camping, store food in a bear-proof container or hang it from a tree at least 100 meters from your sleeping area.

KEEP A SAFE DISTANCE: Never approach wildlife, and always give them plenty of space. Keep at least 100 meters away from bears and 30 meters away from other large animals.

TRAVEL IN GROUPS: When possible, travel in a group. This will make you less vulnerable to animal attacks, and will increase your chances of being heard by wildlife.

FOLLOW PARK REGULATIONS: Follow all park regulations and posted signs.

EDUCATE YOURSELF: Learn about the wildlife in the area you will be visiting and educate yourself about their behaviour and habitat.

Allan and Chappell Creek are two of Valemount's main winter riding areas and they are surrounded by wildlife restrictions. Report all wildlife conflicts to the BC Conservation Officer Service RAPP line at 1-877-952-7277.

Hi, I'm Bobo Kwok, the founder of Four In One Services Company, I started my business journey here in Valemount since 2023. Starting from scratch in a new town wasn't easy—but with heart, determination, and support from this amazing community, I've built something I'm truly proud of. Today, I'm grateful to lead a team of 4 hardworking, professional ladies who share the same passion for quality and care. Together, we take pride in delivering consistent, detailed cleaning services that our clients can count on. At Four In One, we offer a wide range of services, including:



Cleaning Services

www.fourinone4in1.ca

(604) 729-5227

bobo_fourinone@hotmail.com



- Residential cleaning
- · Commercial and office cleaning
- · Airbnb and vacation rental cleaning
- Post-construction cleanup
- Move-in & move-out cleaning
- Specialty services like floor polishing & window cleaning

Whether it's a cozy home, a busy café, or a new build that needs its final shine—we're here to help with reliable, detail-oriented service.



Bearberry Meadows Guest House



> LOCATION – 12190 Crown Road Tete Jaune Cache 250-566-5226

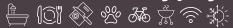
Comfortable suites within a log house on an acreage, with views of the Rocky and Cariboo Mountains.

Franks Hideaway



> LOCATION – 12190 Crown Road Tete Jaune Cache 403-575-1552 | bookmyhideawayhome.com 6-bedroom mountain home with a heated pool, hot tub, and campfire area with exceptional mountain vistas.

Mountain Gypsy



> LOCATION— 1096 Juniper Street | 780-446-3066 Lovely bed and breakfast with spectacular views of the surrounding mountains and it is an easy walk to main.

Rose Cottage B&B



> LOCATION – 1900 Cranberry Place | 780-454-4442
A quiet, family atmosphere, conveniently situated on the side of Hwy #5 in Valemount.

Slopes BNB



➤ LOCATION— 315 Ash Street | 604-314-7149 3 separate guest suites accessed by the shared front entry foyer. 1.4 acres of quiet garden space.

Stone Haven Inn B&B



> LOCATION— 3235 Sawyer Road | 250-566-4609 Full house for up to 15 people. 3 en-suite bedrooms, a large kitchen and living room, and heated garage.

Tucked Inn



> LOCATION – 975 Bevan Crescent | 250-566-4659

The perfect space to unwind for those in search of an intimate getaway, adventure seekers or family escapes.

CABINS & LODGES

Blue Sky Valemount



➤ LOCATION – 1230 -18th Avenue | 780-849-1085

A private 5-bedroom, ranch style, conveniently located in the heart of Valemount.

Canadian Log Home Guest House



LOCATION – 1940 Cranberry Place | 780-621-7171 3 bedrooms, 2 full bathrooms & 1 half bathroom. Spacious kitchen & dining area, and living room with cozy wood burning stove.

Cougar Mountain Lodge



➤ LOCATION – 4540 North Highway 5 | 250-566-9119

A luxurious log home with Rocky Mountain views to the back and the Cariboo Mountains to the front.

CMH Valemount Lodge

> LOCATION – 4745 BC-5 | 1-866-424-4354

Private lodge, with personal chef and attentive house staff to ensure a memorable stay.

Dreamcatcher Inn



> LOCATION – 310 BC-5 | 250-566-4226 Suited to visitors of all ages that enjoy visiting with other travelers in their guest lounge.

Heavens Edge Mountain Lodge



> LOCATION – 13655 Glacier Road, Tete Jaune Cache 250-566-8254

Offers a unique, private retreat in the Canadian Rocky Mountains, with two high-end executive suites.

Pioneer Lake Cabin



> LOCATION – 6780 Blackman Rd

This hand crafted remote log cabin is located 27 kms off of highway 5 on Pioneer Lake. *PLEASE NOTE:* You need a vehicle with clearance/4 wheel drive.

Mica Mountain Lodge



> LOCATION – 15658 Old Tete Jaune Cache Road 250-566-9816

The cabins are very generously spaced from each other to ensure the greatest privacy.



Mount Robson Lodge



➤ LOCATION – 16875 Fransworth Road | 888-566-4821 Cabin accommodations close to Mount Robson Park. Open Mid-May to Late September. Min. 3 night stay.

Mount Robson Mountain River Lodge



> LOCATION – 13990 Swift Current River Road, Mount Robson | 250-566-9899

Two private self-catering cabins. Rooms in the Main Lodge are available as well.

Summit River Lodge & Campground



> LOCATION—19345 Hwy 5, Albreda | 250-566-9933 summitriverlodge@hotmail.com

40 acres with breathtaking views of Albreda Glacier and mountain peaks. Cozy cabins and RV sites available.

The Cabin



> LOCATION – 1305 Canoeview Place thecabin.valemount@gmail.com Private ground floor suite in a scenic part of town.

Teepee Meadows



> LOCATION—545 Jack Adams Road | 250-566-1555 Private cabins with full kitchens, bathrooms, and wifi on a peaceful hobby farm. Family friendly.

TimberWolf Mountain Lodge



> LOCATION – 14065 Blackman Rd Tete Jaune Cache 250-566-4722

Adult Only lodge. A wilderness experience nestled within the Cariboo and Rocky Mountains of B.C.

Twin Peaks Resort



> LOCATION—60 Jack Adams Road 250-566-9160 | 1-877-566-9160 | twinpeaksresort.ca Group / family facility. Single rooms (only in summer), half the lodge main + upper floor; or the entire lodge.

Willow Burl Cabins



> LOCATION – Highway #5
250-566-4898 | www.willowburlcabins.ca
48 acres of treed land at the foot of Canoe Mountain.
All cabins have large decks, with BBQs & picnic tables.

Willow Ranch Cabins



> LOCATION—1905 Cranberry Lake Rd | 250-566-4100 250-566-3215 | info@willowranchsanctuary.com Beautiful mountain views. 4 cabins on a ranch close to town and the highway, but still privately located.

BACKCOUNTRY CABINS

Dave Henry Lodge

CONTACT – 250-566-5131 | davehenrylodge.com

Two story log cabin among subalpine meadows and lakes, on the boundary of Mount Robson Provincial Park. Access by hiking or flying in. Accommodates up to 10 people.

Hermit Thrush Back Country Cabin

CONTACT - 250-566-4628

HermitThrushcabin.com

Subalpine cabin. Hike along the trail 5.8 km to the cabin which sleeps up to four people. In winter, the cabin provides access to alpine skiing, snowboarding, or snowshoeing.







HOTELS & MOTELS





LOCATION - 1470 5 Avenue 250-566-4471 | www.hotelinvalemount.com

Owned and operated by a local family. They welcome you to stay and relax in one of their cozy rooms, located just off of Hwy 5 on 5th Avenue.



Best Western Plus Valemount Inn & Suites



LOCATION - 1950 BC-5

866-777-1120 | www.bestwesternvalemount.com

Serenity begins here. Spacious rooms, beautiful views, and a scenic trail just meters away. The trail leads to a natural gem; the Cranberry Marsh.



Canada's Best Value Inn



LOCATION - 1501 Swift Creek Road 250-566-8222 | www.cbvivalemount.com

Centrally located off Yellowhead Highway 5, Canada's Best Value Inn Valemount Hotel offers great value, and clean, spacious rooms



Chalet Continental



LOCATION- 1450 5 Avenue | 250-566-7799 chaletcontinental.com

Get cozy in their convenient location with perks such as an in-room refrigerator, microwave, coffee maker, and mountain views.



Comfort Inn Valemount



LOCATION - 885 Cranberry Lake Road 250-566-6850 | www.choicehotels.com

Enjoy the indoor golf & Multi-Sports Game Room Accessible rooms with roll-in showers available



Rocky Inn



LOCATION - 935 Cranberry Lake Road 250-566-4477 | rockyinnvalemount@gmail.com

Mountain views, campfire pits, and BBQ facilities are provided for quest use at this Valemount motel.



Chaset Continentas

Kitch enette available

Spacious rooms with A/C

Large Indoor Hot Tub

Free Wireless Internet

Private Balconies Barbecue Yard

Ph: 250.566.9787

Toll Free: 1.877.566.7799 www.chaletcontinental.com 1450 5th Avenue, Valemount, BC Enjoy Great Mountain Views!



Super 8 Valemount



LOCATION- 1465 5 Avenue | 250-566-9171 | www.wyndhamhotels.com (Valemount Super 8)

Easy access to outdoor excitement in a relaxing small-town setting, minutes from several area parks.





LOCATION- 1495 6th Avenue | 250-566-4445 www.valemountvacationinn.com

With 71 fully recently renovated rooms, their hotel stands ready to meet the needs of modern business and leisure travelers



Yellowhead Motel



LOCATION - 1475 - 5th Avenue 250.566.4411 | www.yellowheadmotel.com

This vintage chalet style motel features 18 large ground floor units with 2-bdrm family units available.







WHERE ADVENTURERS & ROAD-TRIPPERS
FEEL AT HOME



BESTWESTERNVALEMOUNT.COM OR CALL 250.566.0086







COME AND STAY

and support land conservation in the Robson Valley!

family holidays < group retreats < field researchers < artist residencies ✓

Year round accommodation for up to 10 quests in Tête Jaune Cache at the 72 acre Kiyooka Conservation Area

for more info: www.kiyookalandtrust.org

Glacier Peaks Rental







> LOCATION - 1365 9 Avenue | 250-566-3034

A great place for couples & families (with kids) featuring a large fenced backyard with playground, fire pit, a large deck and spectacular mountain views.

Skyline Suite Vacation Rental













> LOCATION - 1455 6th Avenue | 250-566-1649 The self-contained, one level, private suite has its own locked, separate entrance. We boast 2 rooms with king sized beds, both with an ensuite.

Kiyooka Land Trust Foundation









>LOCATION - Tete Jaune Cache | 780-431-0687 KLTF fosters connection between people and nature. Located in Tête Jaune Cache, BC we offer meeting and accommodation space for community groups.









> LOCATION - 1150 Canoeview Place | 250-566-8483 Quality built Whisper Creek Log Home is brand new and provides every amenity, while at the same time offers the peace and tranquility of your very own 'cabin in the wilderness.

Whisper Creek Cabin Rentals







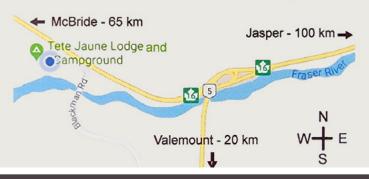


> LOCATION – 1170 Canoeview Place 250-566-8483 | www.whispercreekcabinrental.com Whether you are looking for a peaceful get-a-way or a holiday filled with adventure, you can experience it all in Valemount. Conveniently located near the Cranberry Marsh with breathtaking views.



Tete Jaune Lodge

Located 1km west of the junction of Hwy 16 and Hwy 5 and 19km west of Mount Robson and Berg Lake Trail



- · Rooms with a view
- Cabins
- Serviced campground
- Riverside restaurant
- Minutes from Mount **Robson & Valemount**



Imagine camping out under the stars, surrounded by majestic mountain ranges and listening to the soothing sounds of a river, creek or waves of the lake. Thank you for camping in designated camping sites, and packing in your items and packing them out. Tread lightly and leave no trace.

Camp Blackman RV Park



> LOCATION – Blackman Road, Fraser-Fort George 250-566-9074 | 780-521-3711 | tpc11@telus.net An indigenous family-owned business located in the Rocky Mountain Trench.

Canoe River Campground



> LOCATION - BC-5 Hwy

250-566-4709 | 250-566-9112 reservations.canoeriver@gmail.com www.canoerivercampground.com

Nestled at the foot of Canoe Mountain, 114 spacious sites with hookups, separate tenting area, playground, and heated washrooms with showers.

iRVins RV Park



> LOCATION – 360 Loseth Road | 250-566-4781 irvins@telus.net | www.irvinsrvpark.com

Space for pet walking, information and booking for

space for pet walking, information and booking for many local services. Closed Oct 30 for the season. Sani Dump and Water Refill available for a fee.

Swift Creek Resort & Campground



> LOCATION - 60 BC-5 Hwy

250.566.1366 | swiftcreekresort@outlook.com www.swiftcreekresort.com

Located just north of town right along Swift creek, nestled back in the trees and serenity of nature. Each campground is fully enclosed by trees.



Tete Jaune Lodge Campground



> LOCATION – 11957 L'Heureaux Rd Tete Jaune Cache 250-566-9815 | 1-866-566-9815 www.tetejaunelodge.com

Beautiful 11 acres on the banks of the mighty Fraser River, between Cariboo and Rocky Mountains.

Valemount Pines RV Park



> LOCATION – 1110 N Highway 5

250-566-4550 | valemountpines@gmail.com www.valemountpinesgolfrv.ca

Enjoy the 9 hole golf course, golf learning centre, walking paths, salmon streams and licensed food services.

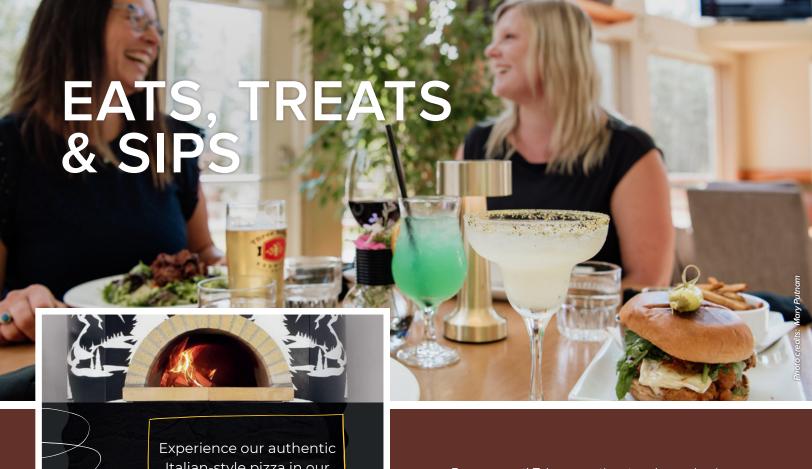
Yellowhead Campground



> LOCATION - BC-5Hwv

250-566-0078 | www.yellowheadcampground.com camping@yellowheadcampground.com

Close to Valemount bordering Swift Creek. Service sites and tent sites with picnic tables and fire pits.







Be our guest! Take some time to relax and enjoy one of Valemount's many eateries. Enjoy inviting décor, delicious bites, refreshing sips, and mouth watering entrées. With a range of cafés, bistros, bakeries, and restaurants, there is a little something for everyone! For those on the go, there are fast food and premade options to grab as you head out for your day's adventure. Pre-order a delicious meal to go and create your own outdoor dining experience at one of the beautiful parks.

Abernathy's Restaurant

> LOCATION – 3205 McLennan Road 250-566-9199 | www.mclennancartruckstop.com Delicious home style cooking! Open for breakfast and lunch.

A&W

> LOCATION – 1495 5th Avenue 250-566-4104 | web.aw.ca

BoShays Bistro

> LOCATION – 1150 5 Avenue | 250-566-0154 Enjoy a beverage made just for you! Tantalizing salads, wraps, and goodies!

Cafe Mt Robson

> LOCATION – 8344 Yellowhead Highway 16, Mount Robson | 250-566-4332

Cafe Mount Robson is located at the base of Mount Robson, 50 minutes west of Jasper, AB, and 25 minutes northeast of Valemount. It has been in operation for over 100 years, serving thousands of visitors a year! *Open May to October*

Caribou Grill

> LOCATION – 1002 5th Avenue | 250-566-8244 caribougrill@gmail.com | www.caribougrill.com A fine dining experience in a beautiful log building setting. *No Reservations*.

Dduk Bae Kie

➤ LOCATION – 1233 5th Avenue 250-566-1780 | www.facebook.com/DdukBaeKie Experience tasty Korean and Japanese cuisine.

Funky Goat Eatery

> LOCATION – 1170 5th Avenue 250-566-3125 | www.facebook.com/people/The-Funky-Goat/100054485469080/

This is not an ordinary food truck! Delicious burgers, salads, and other take-out cuisine conveniently located beside Three Ranges Brewery! Seasonal.

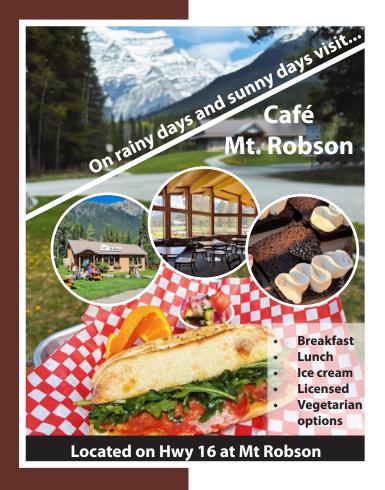
Glacier Fire Pizzeria

LOCATION – 1163 5th Avenue 250-566-9090 | www.glacierfirepizzeria.ca An authentic Neapolitan pizza experience nestled in Valemount, BC! Featuring unique combinations sure to please a hungry crowd!

K-DDUK

➤ LOCATION – 1460 5th Avenue | 778-915-0795

Delicious authentic Korean cuisine. Friendly atmosphere and space for private functions, and tour buses.







AT THE
BEST WESTERN PLUS
VALEMOUNT



BREAKFAST, PATIO.
DINNER, TAKE-OUT.

GATHERINGS & EVENTS

Lucky House Restaurant

> LOCATION – 1500 7th Avenue | 250-566-2345 www.luckyhouserestauranttogo.com Authentic Cantonese cuisine & western food. Lunch and dinner menus available. Friday dinner Smorgasbord from 5:00pm – 8:00pm.

Moose Neighbourhood Pub

LOCATION – 1485 5th Ave | 250-566-2337 www.themoosepubvalemount.com Where both locals and tourists come to relax and socialize. Featuring a delicious variety of appetizers, beef burgers, and steaks!

Riverside Café (Tete Jaune Lodge)

➤ LOCATION – 11957 L'Heureaux Rd Tete Jaune Cache 250-566-9805 | www.tetejaunelodge.com/riverside-cafe Enjoy delicious meals while you take in the scenic view on the patio above the Fraser River. Tantalizing buffets, a la carte menu. Open May to October.

Subway Valemount

> LOCATION – 805 Cranberry Lake Road 250-566-4050

Summit Grill

LOCATION— 1950 Hwy 5, South | 250-566-0086 bestwesternvalemount.com/restaurant Located on the first-floor in the Best Western Plus Valemount. Exterior entrance from the highway-side parking area. A thoughtfully curated menu features an array of starters, salads, handhelds, entrées, and irresistible desserts.



Thrifters on the Bay

> LOCATION – 1200 Main Street
250-566-3422 | www.thriftersonthebaycafe.com
Dive into a culinary adventure with their authentic
Bahamian dishes, vibrant tropical ambiance, and
exciting events.

Tim Hortons

> LOCATION – 1506 Swift Creek Road 250-566-4116 | www.timhortons.ca

Vacation Inn Dine & Lounge

> LOCATION – 1495 6th Avenue, on Karas Drive 250-566-4880 Family friendly, fully licensed restaurant.

Vale Coffee

➤ LOCATION – 940 Main Street | info@valecoffee.ca Fresh locally roasted and brewed coffee and fresh baked pastries. Online deliveries.

Valemount Bakery

> LOCATION – 1020 Main Street
250-566-4035 | valemountswissbakery.com
Enjoy Cranberry Millet Loaf, Fig Walnut Bread,
Black Olive Loaves or a Paradise Bread with raisins,
sunflower seeds, flax, sesame seeds, and pumpkin.
Their fresh baked breads are made with many topquality, organic flours.

Valemount Heights Pizza (ESSO)

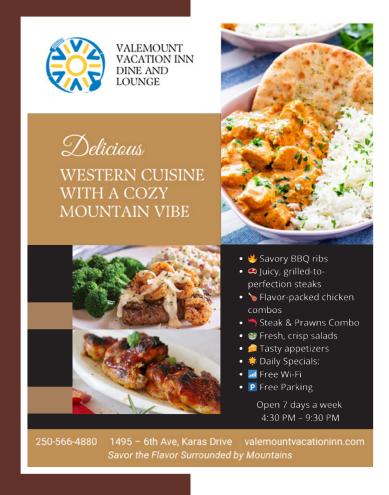
> LOCATION – 1503 Swift Creek Road 250-566-4056

Using the finest ingredients for homemade dough and sauce, dressed with fresh vegetables and meat toppings, Valemount Heights is known for freshly made, delicious pizza.

Valemount Legion Branch 266

> LOCATION – 970 Main Street | 250-566-4343 www.legion.ca

Check Facebook for menu. Open most Sundays for breakfast.





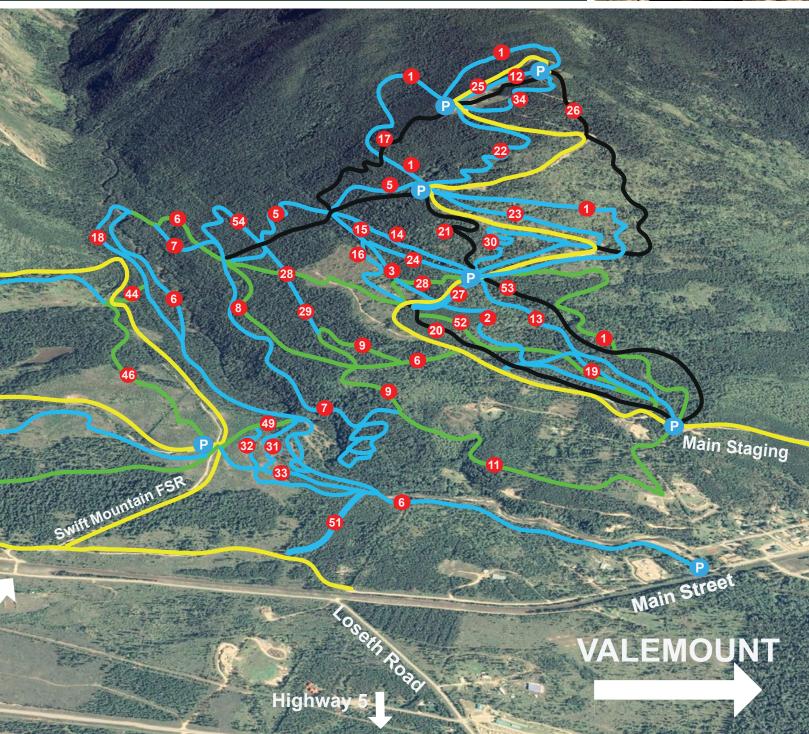


Valemount is home to some of the best mountain bike trails in BC and is quickly becoming the favourite destination of many riders.

The trails are the pride and joy of many in the Valemount community. As cliché as it sounds, the trail system has a bit of something for everyone. Our notoriety began due to our abundance of downhill flow style options, although over the last few years we have added some exceptional cross country and all mountain options, as well as some more technical alternatives.

If you haven't visited our trail system yet, you are missing out on something special! For up-to-date information on the trails check out **www.ridevalemount.ca**





1. CBT's Munday Grind

A beautiful machine-made climbing trail with roughly 12km of meandering ascent consisting of moderate grades with a few steep sections to get you grinding all the way to the top. The trail has exit options every 3 km at all major trail staging areas.

2. Inversion

A hand-made cross-country trail that is suitable for intermediate riders. For novice riders this may feel like a beginner downhill ride; for intermediate riders this may feel more like a cross country ride.

3. Mid DH Access or Exit O

Used to access the middle of the downhill trails including Tinfoil Hat, Andreas' downhill and Stump Town. This can also be used as an early or emergency exit from the downhill trails

4. Andreas' Downhill ♦

An old school, hand-made, fall line based downhill trail for advanced/expert riders. Steep and very rooty. This trail parallels the Tinfoil Hat downhill with multiple intersections so you can play a bit of "choose your own adventure" and mix things up a bit if you like.

5. Tinfoil Hat

One of the OG's. An intermediate level, downhill mountain bike trail. All jumps are tabletops and any drops or harder lines have ride-arounds to avoid the obstacles.

6. Swift Creek

This is more designed for hiking although bikes are allowed. Swift Creek is a hand built old-school cross-country trail.

7. Southern Traverse •

A new school rolling cross-country trail. Accessed via the main Swift Creek entrance at 1 km up 5-Mile Road. To get in and out will require the use of the other trails.

8. Bucket Head Connector

This is a short connector trail. It allows downhill riders to utilize some of the flow of the Southern Traverse while making their way back to the staging area.

9. Inorout

This trail is used to enter or exit the Southern Traverse or the Tech Zone. It can also be considered a great beginner downhill when mixed with the upper section of Truck Yeah and finished with the Ale Trail.

10. Tech Zone

This chain of 2.5 loops, situated in a small area, provides some technically challenging trails. Frequent and often dramatic changes in elevation combined with rock create a superb environment to get the legs burning.

11. Ale Trail

Accessed off the climb out of the Tech Zone or south end of the Southern Traverse, this fast and flowy section of trail acts as another option to exit or enter the trail system.

12. High Roller 💠

One of the nicest jump lines in BC outside of a commercial facility. Beginning at an elevation of over 1,500 m, this feature rich line is close to 1 km long, boasting some unique options and over 20 jumps.

13. Bacon by NDIT

Designed to be the ultimate integration of all the various bicycle handling skills, Bacon is a low risk, downhill trail which users of variable levels can use to develop their skills. 2 km of berms, rollers and manageable jumps will flow you to the lower staging area.

14. Connect the Dots

A simple and easy pedal friendly trail that gets users from the DH trails over to the Bacon, Womp Rat and Downflow entrances

15. Devil's Gulch ♦

A short rake 'n' ride that is steep and loamy. Accesses this trail just off Connect the Dots. This short but sweet section is another option to spit you out onto the new Stump Town trail.

16. Stump Town

Stumptown is a flowy, downhill option filled with moderate hits and huge berms. This trail ends on the 5- Mile access road and the entrance to Moby Dick is just across the road.

17. Turducken ♦

This downhill trail is a feature rich 2.5-km adrenaline rush. More advanced than the Tin Foil Hat, this trail is full of hits, berms and flow with a tad bit of tech thrown in.

18. Northern Traverse

A beautiful, new school rolling cross-country trail. Can also be traveled north to south via access off Main Street, just north of the Swift Creek bridge.

19. Provincial Down 🔘

One of the OG trails. A hand-made old school downhill trail. Access is midway down the Bacon Trail.







20. Moby Dick

This bermy new school trail consists of ladder drops, wall rides and the namesake "Whale Tail" feature. This is one of the most popular trails in the entire network. All features have ride-arounds and can be easily avoided.

21. Coaster 💠

A fast and tight hand built downhill trail featuring beautiful cedar "roller coaster" type bridges and tight dropping turns. This trail terminates at the Bacon staging area.

22. Stinger

An intermediate level trail that is different from the rest of the flowy trails in our inventory. Steeper, more natural trail surfaces with rock work and some technical features.

23. Trap Line O

This is a great option for newer riders looking to develop the skills needed for some of the more advanced trails in the network.

24. Stump Connector

A hand-built trail that allows access to Stump Town from the Bacon staging area.

25. Hula Dancer

Our newest trail offers another option of the very top of the network. Blue flow at its finest. Full of berms and manageable hits that make you want to go back for more.

26. Firebreak 💠

Firebreak is an advanced downhill trail with an "old school" feeling. Aimed as close to the fall line as deemed sustainable, your brakes will certainly be hating you after you drop into this trail.

27. Downflow

Downflow is short but oh so sweet. Originally envisioned as a simple connector trail to link up the Bacon staging area with the Moby Dick trailhead, this short section of trail turned into something much more.

28. Truck Yeah O

Truck Yeah is a two-way mountain bike trail offering some amazing connectivity within the trail system. Used as a gentle downhill or an easy climb to link up some of your favourite trails.

29. Spur Six O

Older pre-existing double track. Use this section to access mid Truck Yeah when entering from the bottom up or as a green downhill connector to access Inorout/Ale Trail when riding down Truck Yeah.

30. Inner Piece

A true mountain bike trail of all mountain goodness. Inner Peace consists of short punchy ups and techy downs.

31. Retro-version

The trail takes off the current Subversion trail just before the main gulley. It allows riders to access the Northern Traverse and Swift Mtn Trails without having to use the Swift Mtn FSR.

32. Velodrome

A fast and flowy downhill option utilizing a small gully in the middle of an old cut block. A great option for those finishing up on the Northern Traverse or new Swift Mtn Trails and looking to head back to the valley bottom.

33. Sub-version

One of the original trails within the Bike Park. Subversion is a crucial access point to the north side of our trail system. Old school feeling, hand built singletrack.

34. The Craig

Built with a hybrid of machine and hand building techniques to create a truly amazing experience. The trail is named after our fallen friend Everett Craig. Everett was a true supporter of the trail system and encouraged others to do the same whenever possible. You will find a special feature on this trail that is just as unique as he was.

35. State of Grace

A dual direction pedal trail offers a more traditional trail feel. This is an enjoyable trail with moderate climbs and some flowy descents no matter which direction you choose to start from.

36. Catalina Wine Mixer 🔲

This trail is a mix of hand and machine building designed to have a more traditional DH trail feel. Mixed with New Maserati, you have one epic downhill run.

37. Confused and Lonely

Offers an enjoyable and sometimes punchy climb into the upper trails or a great descent down from the top.

38. New Maserati 🔷

A hybrid of hand and machine building, this trail is designed to have a more "old school" downhill trail feel to it. A great option for a gravity oriented early out from Plaid Shirt

39. Hit the Brakes

This "early out" option allows riders a downhill experience after pedaling from either direction on Plaid Shirt. This is a hybrid-meaning a mix of machine and hand building techniques.

40. Rosie Cheeks

A fun connector trail between Connection, Miserable and Magical or Confused and Lonely. Depending on your direction, this could be an early out or alternate route to mix and match the area's trails. It also works as a great climb into the network from the Green Mile.

41. Connection

Looking to make it your ride short and sweet? Feeling the burn from the climb? Used as an early out from Plaid Shirt or a climb in from the FSR access road and Rosie Cheeks.

42. Plaid Shirt O

This dual direction pedal trail offers amazing views of the Westridge and Premier Mountain range. This trail provides a few options to shorten up the ride via "Hit the Brakes" or "Connection" or get the full experience by completing the entire loop. No matter which end you start from, the north or south, you will begin with a good climb and end with a flowy descent.

43. Top Shelf

A hybrid of hand and machine building techniques, this tech trail is a mix of punchy climbs, quick downs and beautiful views of the valley. Best run from the south to the north unless you are an ebike master.

44. Disconnect

A short connector trail connecting the pre-existing bike park trails over to the newest trails at the base of Swift Mtn.

45. Green Mile

A dual direction trail flowing its way through the forest. The Green Mile is a great option for beginner riders. If entering from the south, you can make a short loop out of it by utilizing the Lower Blue South to return to the trailhead or go for a long pedal adventure by hitting up Confused and Lonely or Rosie Cheeks on the north end.

46. Casually Cool

A dual direction pedal trail winding is way through old and new cut blocks. This is a great option to mix up your ride on the Northern Traverse or to enter or exit the cross-country trail network.

47. To the Top

A short out from Plaid Shirt to the south end, and main access point of the Top Shelf trail.

48. Miserable and Magical

Used for a "miserable" (it's actually pretty easy and fun) climb while accessed from the lower north side or a "magical" decent after climbing your way up Plaid Shirt, M&M winds its way through a brand-new cut block offering unobstructed views of the Westridge and Premier Mountain range.

49. Ditch The Scene

A dual direction connector trail used for access to and from the Northern Traverse and Swift Mtn FSR. Also provides access to the Velodrome DH trailhead.

50. Rock n Roll O

Used as an access or exit point, Rock N Roll is a flowy piece of trail that will leave you smiling as you begin to finish your pedal adventure.

50 PhotosbyHappyHeather

51. Conversion

An old-school single-track access trail from the far end of Main St.

52. Tyrannosaurus Rock (T-Rock) ○

Named by a local grade 5 student, T-Rock is a true green downhill trail designed for the newest of mountain bike riders. It flows gently down the mountain for nearly two kilometers before terminating at the main staging area. No surprises await, just relax, and enjoy the flow!

53. Womp Rat ♦

Womp Rat is 2km of tech, flow and features. Designed to have a more traditional feel, the rider will still find the odd bit of flow here and there which creates one amazing ride. There are a few mandatory drop features and one amazing balance feature that will be sure to test your skills.

54. Zen Garden

The vision of a couple passionate locals, the Zen Garden will take you to a very special place. A trail winding through an interior cedar forest as it tightly snakes its way downhill crossing over a meandering creek nine times. Hike or Bike, this trail will make you feel good.

55. Shake It Off ♦

Located at the far north end of Plaid Shirt, no matter how you get there, this trail will reward you with a spicy downhill experience. Highlighted by several gully features, this is one trail that must be on your list.

56. Hits Different

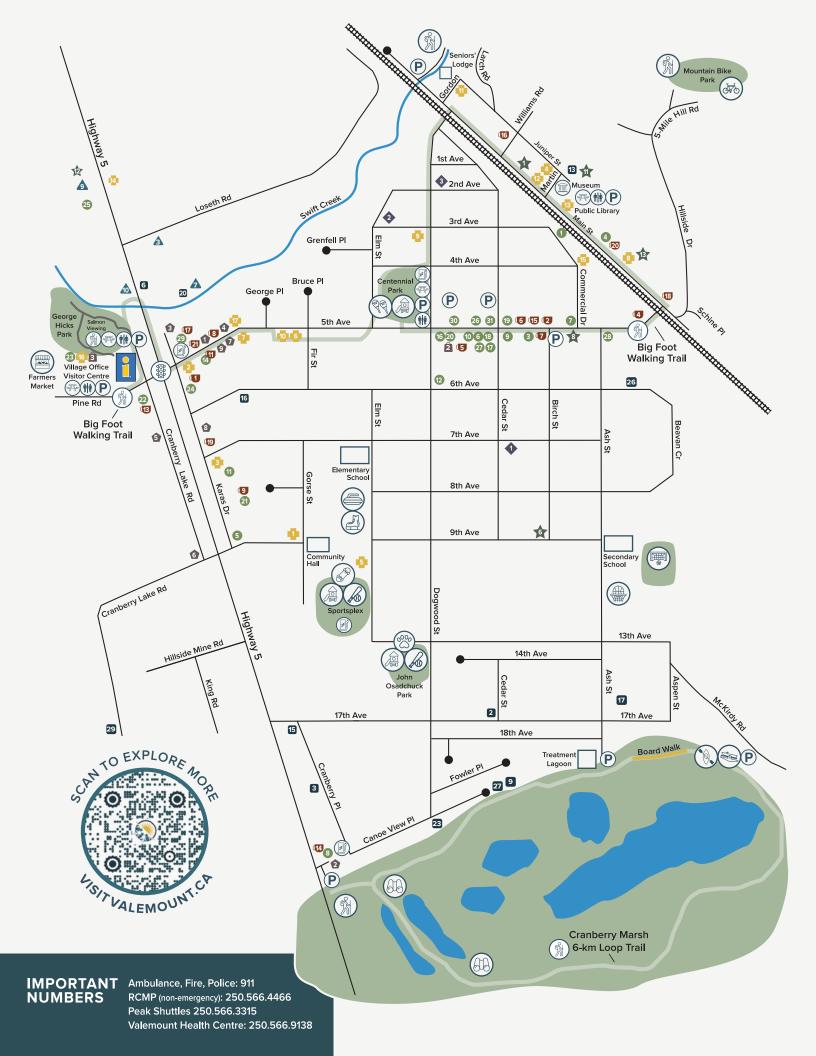
The goal here was to bring a bit of flow over to the Swift network. With a mix of flow and tech, this trail has something for everyone.

- Content provided by VARDA









ACCOMMODATIONS

- 1 Bearberry Meadows Guest House* (250) 566-5226
- 2 Blue Sky Valemount Cabin (780) 849-1085
- 3 Canadian Log Home Guest House 780-621-7171
- 4 Cougar Mountain Lodge* (250) 566-9119
- 5 CMH Valemount Lodge* 1-866-424-4354
- 6 Dreamcatcher Inn (250) 566-4226
- 7 Heavens Edge Mountain Lodge* (250) 566-8254
- 8 Hermit Thrush Retreat Cabin* (250) 566-4628
- 9 Legacy Vacation Rental (250) 566-8483
- 10 Mica Mountain Lodge & Cabins* (250) 566-9816
- 11 Mount Robson Lodge*
- 12 Mount Robson River Lodge* (250) 566-9899
- 13 Mountain Gypsy (780) 446-3066
- 14 Pioneer Lake Cabin*
- 15 Rose Cottage B&B (780) 446-3066
- 16 Skyline Suite (250) 566-1649
- 17 Slopes BnB (604) 314-7149
- 18 Stone Haven Inn* (250) 566-4609
- 19 Summit River Lodge* (250) 566-9933
- 20 Swift Creek Resort (250) 566-1366
- 21 Teepee Meadows Guest Cottage* (250) 566-1555
- 22 Tete Jaune Lodge* (250) 566-9815
- 23 The Cabin
- 24 Timberwolf Mountain Lodge* (250) 566-4722
- 25 Twin Peaks Resort* (250) 566-9160
- 26 Tucked Inn (250) 566-4659
- 27 Whisper Creek Cabin Rental (250) 566-8483
- 28 Willow Burl Cabins* (250) 566-4898
- 29 Willow Ranch Cabins (250) 566 3215

HOTELS & MOTELS

- 1 Alpine Inn (367) 990-8160
- 2 Best Western (250) 566-0086
- 3 Canada's Best Value Inn (250) 566-8222
- 4 Chalet Continental (250) 566-9787
- **5** Comfort Inn (250) 566-6850
- 6 Rocky Inn (250) 566-4477
- Super 8 (250) 566-9171
- 8 Valemount Vacation Inn (250) 566-4445
- 9 Yellowhead Motel (250) 566-4411

CAMPING

- ↑ Camp Blackman* (780) 521-3711
- 🛕 Canoe River Campground* (250) 566-9112
- iRVins RV Park ⋅ (250) 566-4781
- 🛕 Kinbasket Lake* (250) 566-1762
- ▲ Mount Robson Campgrounds* 1800-689-9025
- **6** Summit River Lodge* (250) 566-9933
- ⚠ Swift Creek Resort & Camping (250) 566-1366
- Tete Jaune Lodge Campground* (250) 566-9815
- ▲ Valemount Pines (250) 566-2500
- 1 Yellowhead RV (250) 566-0078

SHOPS & SERVICES

- 1 A Cut Above (250) 566-9178
- 2 Abernathy's Welding & Repair* (250) 566-9131
- 3 BC Liquor Store (250) 566-4200
- 4 Bikes and Bites (250) 566-5169
- 5 Canco (250) 566-2121
- 6 CIBC Bank (250) 566-4483
- 7 District Bicycle Shop (250) 566-3565
- 8 Emerald Earth Organics (250) 566-1747
- 9 IGA (250) 566-4331
- 10 Infinity Office & Health (250) 566-4225
- 11 LORDCO Auto (250) 566-4140
- 12 McClelland Stolfa Reed Law Office (250) 566-3950
- (250) 566-4318 Monashee Motors* (250)
- 14 Moose Pub Liquor Store (250) 566-2337
- 15 Mount Robson Gift Shop*
- 16 Orion's Treasures
- 17 Peak Physiotherapy (250) 566-4650
- 18 Robson Valley Cannabis (250) 566-5015
- 19 Rocky Mountain Goat Newspaper (250) 566-4606
- 20 Royal Lepage Aspire Realty (250) 564-4488
- 21 Sass Studios Inc (250) 566-6855
- 22 Shell Mighty Mart (250) 566-9837
- 23 Tourism Valemount (250) 566-3335
- 24 Travel Centre Petro Canada (250) 566-4151
- 25 Travis' Automotive* (250) 566-8403
- 26 Underwriters Insurance Brokers (250) 566-4464
- 27 Unique Boutique Salon & Spa (250) 566-0009
- 28 Valemount Car Wash and Recycling (778) 581-2434
- 29 Valemount Esso (250) 566-4056
- 30 Valemount Home Hardware (250) 566-4256
- 31 Valemount IDA Pharmacy (250) 566-4594
- 32 Yellowhead Helicopters* (250) 566-4401

PUBLIC SERVICES

- Ambulance
- BC Bus North 1-844-564-7494
- Canada Post (250) 566-4545
- Canoe Valley Community Association (250) 566-0008
- Canoe Valley Recreation Centre (250) 566-4740
- 6 RCMP (250) 566-4466
- Robson Valley Community Services 250-566-9107
- Royal Canadian Legion #266 (250) 566-4343
- Service BC (250) 566-4448
- 10 Valemount Health Centre (250) 566-9138
- 111 Valemount Learning Centre 250-566-4601
- Valemount Lions Club (705) 733-1128
- Valemount Public Library (250) 566-4367
 Valemount Regional Transfer Station* (250) 960-4400
- 15 VARDA (250) 566-4817
- 16 Village of Valemount (250) 566-4435
- WorkBC (250) 566-9107

FOOD & BEVERAGE

- 4 A&W (250) 566-4151
- 2 BoShay's Bistro (250) 566-0154
- Cafe Mt Robson* (250) 566-4332
- 4 Caribou Grill (250) 566-8244
- 5 Dduk Bae Kie (250) 566-1780
- 6 Funky Goat Eatery (250) 566-3125
- Glacier Fire Pizza (250) 566-9090
- 8 K-DDUK (778) 915-0795
- 9 Lucky House Restaurant (250) 566-2345
- McLennan Car/Truck Stop Abernathys* (250) 566-9199
- Moose Neighbourhood Pub (250) 566-2337
- 12 Riverside Cafe* (250) 566-9815
- (13 Subway (250) 566-4050
- Summit Grill/Cranberry Lounge (250) 566-4153
- Three Ranges Brewing Company (250) 566-0024
- 16 Thrifters on the Bay (437) 552-1646
- Tim Hortons (250) 566-4116
- Vale Coffee info@valecoffee.ca
- (19) Vacation Inn & Dining (250) 566-4880
- (20) Valemount Bakery (250) 566-4056
- (21) Valemount Heights Pizza (250) 566-4056

ARTISANS

- Antiques & Collectibles* (250) 566-4583
- Mountain Driftwood Gallery (250) 566-3065
- Valemount Visitor Centre 250-566-9893

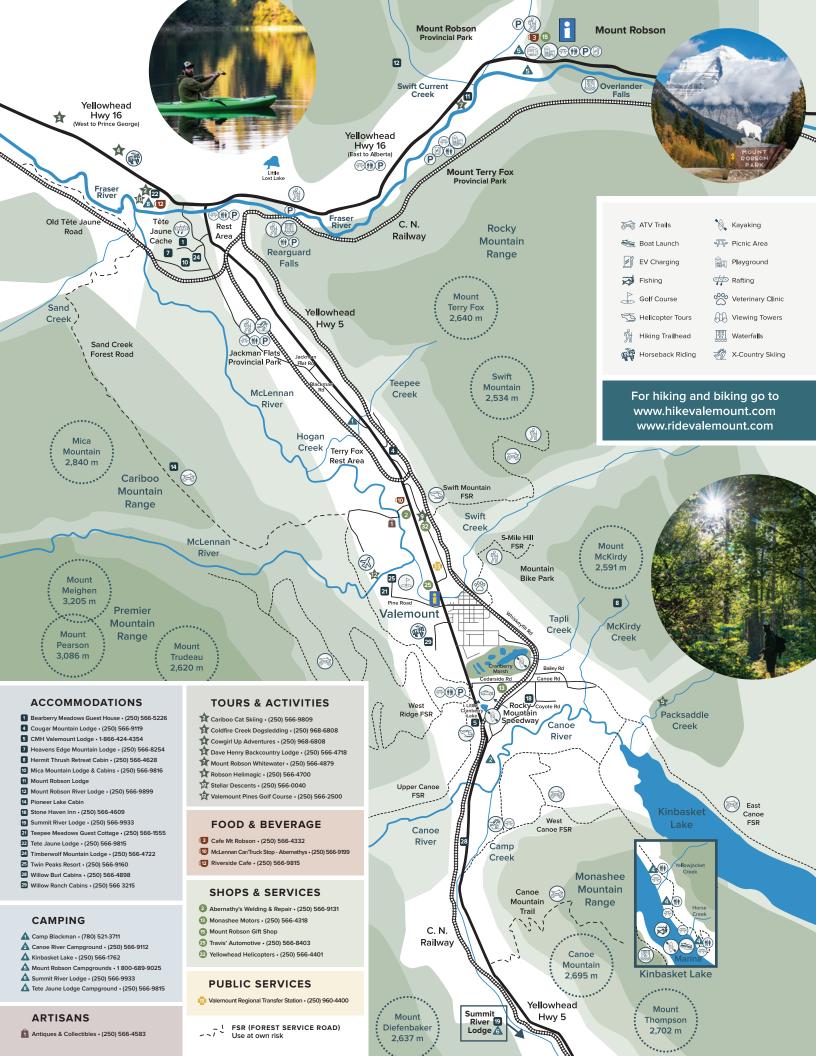
CHURCHES

- ◆ Anglican United Church (250) 968-4467
- Good Shepherd Roman Catholic (250) 372-2581
- 3 Valemount New Life Centre (250) 566-4824

TOURS & ACTIVITIES

- Alpine Country Rentals (250) 566-9774
- 2 Cariboo Cat Skiing* (250) 566-9809
- Cold Fire Creek Dogsledding* (250) 968-6808
- Cowgirl Up Adventures* (250) 968-6808
- Dave Henry Backcountry Lodge* (250) 566-4718
- Frozen Pirate Snow Services 250 566-3817
- Mount Robson Whitewater* (250) 566-4879
- Peak Shuttles (250) 566-3315
- Robson Helimagic* (250) 566-4700
- 10 Stellar Descents* (250) 566-0040
- Valemount Museum (250) 566-4177

 Valemount Pines Golf Course (250) 566-2500
- War Heroes Museum (250) 566-4343 /
 - (250) 566-4406





TOURISM VALEMOUNT MOBILE APP

Scan the QR code to download Valemount's mobile app and access a world of resources, activities, and local insights right at your fingertips!

Make the most of your visit with exclusive tips and interactive features, all designed to help you experience our Vibrant Village like never before.







Let the mountains move you! Be inspired to plan your winter adventures in Valemount. Known for incredible alpine snowmobiling, heliskiing, snow shoeing, and warm hospitality, this vibrant village is your destination for a weekend in winter wonderland! Snow capped peaks of the three mountain ranges beckon those prepared for the journey to come and explore! Visit Valemount and explore all our seasons, our culture, and our wild side. See for yourself why Valemount is in the middle of everywhere. Groomed trails provide access to the most spectacular alpine riding areas in Clemina, Allan Creek and Chappell Creek. Discover Crystal Ridge, the only snowmobile assisted ski/snowboard facility in the world!

KNOW BEFORE YOU GO! Go to www.visitvalemount.ca and www.ridevalemount.com for information on planning your winter vacation!



I work hard and play hard in the Robson Valley!

Sherri Malone

Residential and Commercial Realtor
Serving Valemount and the Robson Valley

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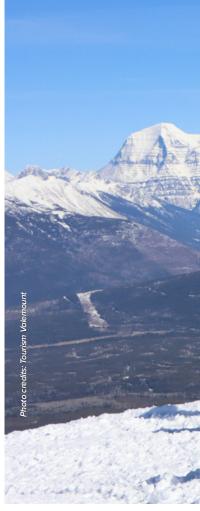


Top 10 Winter Activities

- 1 SLEDDING Experience the joy of snowmobiling in one of the most scenic environments.
- 2 CAT-SKIING— Enjoy backcountry snowboarding & skiing by the comfort of a cat while accompanied by a knowledgeable guide.
- 3 DOG SLEDDING— Enjoy the truly unique and Canadian experience of navigating trails by dogsled.
- 4 WINTER FEST— Taking place in February, this family friendly event is jam packed with local vendors, artisans, face painting, and games.
- 5 SNOWSHOEING/MICRO-SPIKE TO KINNEY LAKE— Winter transforms Mount Robson into a quiet and serene destination to explore by foot and by skis.
- 6 CROSS COUNTRY SKIING— Explore the local trials and see the trees and mountains dressed in their winter finery! Check out the Jackman Flats groomed trails, one trail for dogs on leashes. Discover the Camp Creek trails featuring a cabin, and dog friendly trails.
- BACKCOUNTRY HUTS— Book a backcountry hut for a chance to unplug and experience the untamed wilderness. Accessible by snowshoe, helicopter, and ski-touring.
- SKI TOURING— Surrounded by 3 different mountain ranges, it's no surprise that Valemount is prime ski-touring terrain.
- 9 SNOW CAPPED MOUNTAIN VIEWS— Take a walk downtown or on any of the nearby trails to take in the mountain views.
- 10 WARM UP AT A LOUNGE/EATERY— After all the fun of the day, unwind at a local food & beverage establishment.

For updates on events: www.visitvalemount.ca

Content provided by Wildly_Ruby

















Fall

Day 1:

Every year, the Chinook salmon swim upstream over 1000 kms back to the Robson Valley for the salmon spawn. Take a stroll down from the visitor centre to the viewing platform at Swift Creek, or drive out to Rearguard Falls to witness the rare act of salmon jumping up the falls in order to reach their final destination, Overlander Falls. Approximately mid-August to mid-September.

Day 2:

Take in the amazing mountain scenery while practicing your swing at the golf course. Golf carts are available, but with views this picturesque, you may just want to walk the course.

Day 3:

Embrace your competitive side by entering the annual Fishing Derby at Kinbasket Lake on the September long weekend. Fishers from all over take to the water to see who can claim the title of biggest catch.

Day 4:

Take a drive down the Dunster-Croyden Road past the historic ruins of old Tete Jaune Cache, the initial settlement of the area. Enjoy the stunning oranges and yellows of fall colours lining the sides of the road. Stop by the Dunster General Store for a snack and to meet some locals.

Day 5:

If visiting during late August, participate in the annual Mt. Terry Fox Trek. Explore the trail to one of the most spectacular views in the valley, while raising money for cancer. There are 3 different route options, from beginner to experienced.



Winter

Day 1:

Revel in the magic of Mount Robson covered in snow. Bring your snowshoes or cross-country skis so you can experience the Berg Lake Trail in a completely different way. 4.5 km later, you'll be rewarded with views of the stunning Kinney Lake.

Day 2:

Travel in a winter wonderland by dog sled. Feel the icy winds of winter rush past as you stay cozy and bundled up in the sled. Take turns driving the dogs for a once-and-a lifetime experience.

Day 3:

When someone mentions winter in Valemount, one of the first words that comes to mind is "snowmobiling"- and for good reason. Valemount is home to several unique and expansive riding areas. Rent a snowmobile or take a guided tour for a day that will be on replay in your memory bank. Just make sure you're up to date on your AST (or book a refresher from the local provider).

Day 4:

Want to test your skating skills? Spend the afternoon on the ice at the Canoe Valley Recreation Centre where both hockey skates and figure skates are available to rent. If you have your own skates, enjoy beautiful mountain views as you glide along the frozen Cranberry Marsh.

Day 5:

If cross country skiing is more your style, you're in luck! With two separate ski areas, Valemount is the perfect place to stretch those legs. Between Valemount & Tete Jaune sits Jackman Flats, and just south of Valemount is the Camp Creek network.







Valemount in winter is extraordinary with majestic mountain peaks, wildlife viewing, and a variety of snow-covered adventures to choose from.

Whether you prefer to sit back and enjoy views from a warm cab or experience the exhilarating rush of being in the fresh powder, there is a winter tour for you! Accommodation options range from luxurious lodges, hotels, and motels, to cozy B&Bs and rustic backcountry cabins.

Cariboo Cat Skiing

250-566-9809 | cariboocatskiing.com

North of Valemount and just over a one hour drive west of Jasper, Alberta.

Cariboo Snowcat Skiing is a powder skiing and snowboarding operation in the beautiful, snow covered Cariboo Mountains. Book your excursion and enjoy great skiing, snowboarding, and sightseeing.

Professionally guided sightseeing tours are available for non-skiers. Experience going up into the Cariboo Mountains in a heated snowcat cab. Call ahead to have your tour planned to suit the ability of those in your group. Tours can be customized to be suitable for anyone from the first-time powder skier to the most experienced.

Dog Sledding

1-877-295-8505 | www.dogsleddinginjasper.com

Tours range from one hour to an overnight excursion.

For a truly Canadian experience featuring one of the oldest methods of winter travel, book an excursion with Cold Fire Creek Dogsledding.

A team of 6-8 Alaskan Huskies will lead you into a snowy winter scape of frozen waterfalls, snow covered forest and panoramic views. The trail meanders alongside a freezing river and takes you up and down approximately 1,000 vertical feet of elevation along a 100-year-old trap line.

Heli Sight Seeing and Heli-skiing

CMH Winter/Summer Adventures

1-800-661-0252 | www.cmhheli.com www.cmhheli.com/destinations/valemount

Discover the Cariboo range with a guided heli-skiing tour. Tours offer all the makings for an epic Valemount

winter adventure, including snow capped big peaks, beautiful alpine, and glacier views.

Yellowhead Helicopters – Robson Helimagic

1-877-454-4700 | www.robsonhelimagic.com

Take a sightseeing tour of the beautiful Canadian Rocky Mountains with Robson Helimagic. Located just minutes away from the iconic Mount Robson, book an adventure with Robson Helimagic and choose from one of their year-round sightseeing tours including heli-snowshoeing in the winter.











Skating and Hockey

Canoe Valley Recreation Centre

250-566-4740 | 100 Elm Street

Indoor arena, public skating rink, and fitness centre. Open 7 days a week, 6:00 am–9:00 pm; open statutory holidays (reduced hours).

Enjoy hockey, figure skating and public skating from October through April.

Hockey night in Valemount! Come and enjoy an entertaining game of ole time hockey. Bring your skates and go for a few laps around the rink during public skating. Take in a figure skating performance and cheer for the skaters who range in age and skills.

Snowshoeing or Hiking with Mini Spikes

Pick up a trail map at the Valemount Visitor Centre and explore one of the trails in winter. Look for woodland creatures that are active in the winter months. Enjoy views of the mountains, frozen waterfalls, and snow-covered trees. Cranberry Marsh trail, Swift Creek Trail, Berg Lake Trail to Kinney Lake, and Little Lost Lake trails are a few that offer a great winter exploring experience.

KNOW BEFORE YOU GO and be prepared for sudden changes in weather!

For updates on the Berg Lake Trail be sure to check **bcparks.ca/mount-robson-park**For more trail information go to **www.trails.visitvalemount.ca**

*If snowshoeing or hiking in the cross-country ski areas, please respect the groomed trails by refraining from using the set ski-tracks.



Safety & Etiquette

Know before you go and plan your outdoor adventure! For great safety tips, go to www.adventuresmart.ca and www.ridevalemount.com. For Avalanche Safety and awareness, go to www.avalanche.ca. Have the gear, get the forecast, and get the training before you go.

- ✓ Plan your travel route
- √ Know the terrain and conditions
- ✓ Check the weather
- √ Always fill out a trip plan
- ✓ Obtain the knowledge and skills you need before heading out.
- ✓ Know and stay within your limits.

- ✓ Leave a trip itinerary with someone and report upon your return.
- √ Travel in pairs (the "buddy system")
 and never venture out alone
- ✓ Always carry a form of communication (two-way radios, GPS locator device, satellite phone)
- ✓ Respect other user groups and help them when in need

Essentials for your winter adventures:

- √ Flashlight
- √ Fire making kit
- ✓ Signaling device (i.e. whistle)
- ✓ Extra food and water
- √ Extra clothing
- ✓ Navigational/communication devices

- √ First aid kit
- ✓ Emergency blanket/shelter
- ✓ Pocket knife
- √ Sun protection

Know and obey all riding area restrictions and boundaries. There are downloadable files on the Valemount Area Recreation Development Association (VARDA) website to help with this www.ridevalemount.com.

Pack out what you pack in!

Support riding area you are visiting by purchasing a membership of the local club, VARDA. www.ridevalemount.com



Ride Valemount!

Let the Cariboo, Monashee, and Rocky Mountains inspire you to plan and book your winter riding excursion in Valemount. This area is known for blue skies, fresh powder, wide open spaces, beautiful views, and challenging mountain terrain. Come experience world-class alpine snowmobiling. The sledding season typically begins in mid-November and ends in April. Prime conditions run from December through to March.

From the novice rider to the more experienced, there are great riding options for all. The groomed trails and forest service roads (FSR) give novice riders the chance to experience spectacular scenery and alpine riding. There are also family trails that offer a little something for all levels of riders.

For first-time mountain riders, a guided tour is an option that will allow you to get to know the area safely.

For more information contact the **Valemount Area Recreation Development Association (VARDA)** at 250-566-4817 or visit **www.ridevalemount.com**. The website also provides downloadable GPS boundary files of the more popular riding areas safety information and backcountry closures zones.

For more information on snowmobile rentals contact Alpine Country Rentals at 250.566.9774 or visit **www.alpinecountryrentals.com**.

For professional and licensed guide Services and Avalanche Skills Training courses Frozen Pirate Snow Services at 250-566-9950 or visit **www.frozenpirate.com**.

Valemount has four managed snowmobile areas where trail passes are required, with groomed trails that access the incredible alpine snowmobiling terrain: Allan Creek, Clemina Creek, Chappell Creek, and Keyhole.

KNOW BEFORE YOU GO! A trail fee is required and can be purchased at the trailhead (cash only) or trail passes, and memberships can be purchased at www.ridevalemount.com. Please pack in and pack out, and practice leave no trace. Be sure to know where the mountain caribou closures are. Obey signs and get the digital boundary files for the riding area you will be going to at https://www2.gov.bc.ca/gov/content/sports-culture/recreation/motor-vehicle-prohibitions/snowmobiling-in-bc/snowmobile-closures or through www. ridevalemount.com. Please support the efforts of this incredible team who maintain the trails, provide riding opportunities, infrastructure development as well as education and safety training.



Clemina Creek

Base Elevation: 1,676 m (5,500 ft) Top Elevation: 2,438 m (8,000 ft)

Cabin GPS Location: Lat. 52.530007 Lon. -118.924382

AMENITIES: Cabin, outhouse, groomed trail *Family friendly*

Pack in and pack out, and please chop wood outside the cabin only

With its spectacular scenery and diverse terrain, Clemina is a favourite for many riders and has something for everyone. This area is highly recommended for anyone riding in Valemount for the first time. A large parking lot is located 30 km south of Valemount on the east side of Highway 5. A beautiful 24-km groomed trail will take you to a subalpine warming shelter. After riding another kilometer down the groomed trail, you will reach the Goat Ridge Bowl alpine areas, which offer spectacular scenery. Riders of all skill levels can find suitable play areas.

Keyhole

Base Elevation: 1,676 m (5,500 ft) Top Elevation: 2,438 m (8,000 ft)

Keyhole is accessed from the Clemina parking area 30 km south of Valemount on the east side of Highway 5. Please ask at the booth for directions from the parking area if you are unsure of where to go. There is a 9-km long groomed trail leading up to the alpine from the Clemina parking area. The trail can be easily ridden by beginner riders, although the last kilometer is a single track trail through the trees that can be a bit tricky at times. There is no cabin or outhouse in the alpine area.

Allan Creek

Base Elevation: 1,676 m (5,500 ft) Top Elevation: 2,286 m (7,500 ft)

Cabin GPS location: Lat. 52.576729 Lon. -119.160577

Cell service available at Mt Milton: Lat. 52.577228 Lon. -119.160908

AMENITIES: alpine shelter and out house

Allan Creek is one of the largest riding areas located near Valemount and is usually the first area to open each year. It is a favourite for riders due to the varying terrain. There is a gentle family riding area at the end of the groomed trail system as soon as you enter the alpine. The far-off terrain will certainly please every level of rider. At the end of the 9-km long groomed trail, you will find an alpine shelter.

The trailhead parking lot to Allan Creek is located 36 km south of Valemount on the west side of Highway 5. There is a 9-km long, regularly groomed trail with fast elevation gain to the alpine. Allan Creek is a caribou sensitive area. Please follow area boundaries, encourage other riders to do the same, and report any witnessed infractions to the drop box in the parking area. A GPS file of the area boundaries can be downloaded from www.ridevalemount.com.

Chappell Creek

Base Elevation: 1,828 m (6,000 ft) Top Elevation: 2,438 m (8,000 ft)

Chappell Creek has some of the best snow levels in the valley. There is a large parking area and trailhead 58 km south of Valemount on the west side of Highway 5. Chappell's alpine area—with its gentle meadows and bowls—is a powder snow lover's dream. Chappell Creek is a great location to take newer riders as it is primarily made up of gentle low angle terrain that can be enjoyed by all skill levels. The groomed scenic access trail is 26 km long with a fast elevation gain in the last 3 km.

Chappell Creek is a caribou sensitive area. Please follow area boundaries, encourage other riders to do the same, and report any witnessed infractions to the drop box in the parking area. A GPS file of the area boundaries can be downloaded from VARDA's website www.ridevalemount.com.









Upper Westridge & Lower Family Loop

Cabin GPS Location: Lat. 52.825161 Lon. -119.347285

Check out the VARDA website to download a GPS file of the trail.

The Lower Family loop area is great for socked-in days or for a relaxed, casual, and enjoyable ride or family outing. The area is accessed by turning right off of the highway at the first intersection just south of town (3.5 km); then follow the road until you reach an open parking area at the beginning of the Westridge Forest Service Road.

A main family loop will bring you back to the parking lot and will pass a little warming cabin, roughly half way through the loop. Follow the FSR (forest service road) for approximately 10 km until you see a directional sign that guides you off of the main FSR. Follow this road for another few kilometres before it ends and puts you back onto the old snowmobile trail again. Once on the trail again, it will take you through the trees, passing the little warm-up shelter, and back to the valley bottom. That is the main "Family Loop" with some great low-level terrain to play in on bad weather days. At times, this area can be closed due to logging activities, so please check the website prior to planning any trips.

The area known as Upper Westridge holds some amazing alpine riding, but access is more for the intermediate rider. This area is accessed via the same staging area as the Family Loop. You follow the powerline over the CMH road and continue for 6 km. Then, you will turn right onto a steep single track trail. This will lead you to an alpine play area with a series of alpine bowls and spectacular scenery.











A very special thank you to the teams at YORA (Yellowhead Outdoor Recreation Association) and VARDA (Valemount and Area Recreation Development Association) who volunteer many hours to ensure the trails are maintained, groomed, and ready for year-round use. Please support these local groups by getting a trail pass, membership, and/or making a donation! Be sure to follow all posted signs and know the weather and safety conditions before you go. Practice leave no trace and always pack in and pack out.

Jackman Flats

> LOCATION - 10 km north of Valemount on Hwy 5

The Jackman Flats Provincial Park offers a variety of classic cross-country trails, ranging from 1.4 to 6.2 km, and a short stretch of skate track. The four scenic interlocking trails – Pine Tree, Lichen, Juniper, and Big Dune, are relatively flat and perfect for skiing. Follow the signs and stay on the groomed trails as you explore.

KNOW BEFORE YOU GO: In winter, leashed Dogs are welcome on the dog friendly, multi-use trail only. Please follow the signs. *Be aware of dead pine trees in the park that can create obstacles on the trail when they fall.



Camp Creek

> LOCATION - Camp Creek is located 11 km south of Valemount on the east side of Highway 5 (look for the Camp Creek Road indicator on top of the stop sign).

AMENITIES – pit house, picnic shelter, warming cabin

Pack a lunch and head out for a fun day of skiing at Camp Creek. Trails offer a variety of options and cover approximately 10 kms. These are groomed trails, and the area is dog friendly.

5-Mile Hill

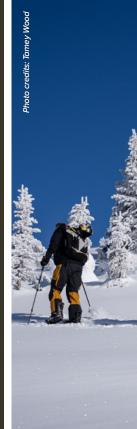
AMENITIES – outhouse, fire pit, picnic table and parking at the staging area.

> LOCATION – Follow 5th Avenue and turn right after crossing the train tracks.

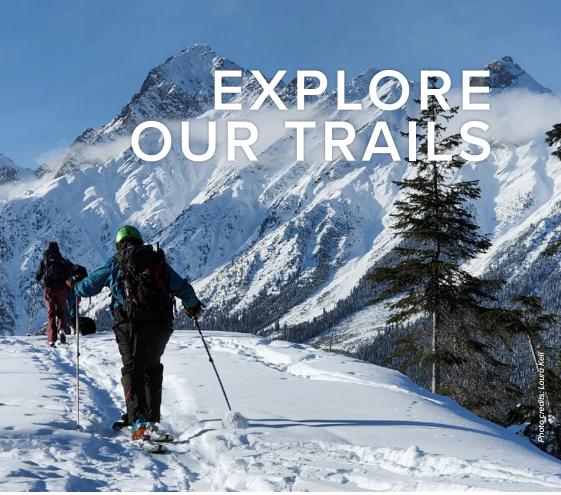
Then, take the first left onto Hillside Drive and travel 1 km to the main staging area, following the signs to the Valemount Bike Park.

Bring your skis, snowboards, snowshoes, or toboggans and try out the 5-Mile Hill. In the summer, the 5-Mile Road is the access road for the Bike Park. In the winter, it is access to winter fun. For those who have access to a snowmobile get a lift up or use your own power and skin ski or snowshoe up the road. 5-Mile is groomed on a semi-regular basis and is perfect for all ages.

*Follow all posted signs, and do not drive through road closure barriers.









Crystal Ridge— Sled Assisted Skiing

➤ LOCATION – The area is accessed from the Westridge staging area, which is located approximately 3.5 km south of the Valemount Visitor Centre. Take your first right off the highway after passing the Best Western, veering left at the fork, and follow the FSR for approximately 1.5 km until you reach the staging area on your right.

Valemount is home to many incredible volunteers, community groups, and talented people who share their passion for outdoor adventure and provide incredible outdoor experiences for all to enjoy. One of these projects is Crystal Ridge, the only snowmobile assisted ski/boarding facility in the world! Powerboarding and sled assisted skiing have become popular activities in the past few years for backcountry enthusiasts. Crystal Ridge consists of 6 runs, each boasting a vertical drop of approx. 670 m (2,200 ft).

A 13 km long access trail leads to a junction point where the 4-km long up-track begins. There are no mandatory user fees in effect at this time, although we ask users to please use the donation box located on the main sign in the staging area to help fund the grooming program. The up-track will take you to the designated drop off points for each of the runs.

